



COMPETITION
WHATSAPP CHAT GROUP

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TRADITIONAL POOMSAE SPORTS POOMSAE PARA & OPEN POOMSAE

2021 DG ASIAN TAEKWONDO OPEN POOMSAE

JULY 31 - AUGUST 1, 2021

HOSTED BY 2X OLYMPIAN DONNIE GEISLER



INDIVIDUAL, PAIR & TEAM | OPEN TO ALL AGES AND LEVELS

CERTIFIED INTERNATIONAL REFEREES LIVE STREAMING

July 31, 2021 Saturday
Live Streaming starts at 10:00am (EASTERN TIME ZONE)

TRADITIONAL INDIVIDUAL POOMSAE



[CT1-EP1 Link](#)

COURT 1 EPISODE 1

Time	Division	Belt Level
10:00am - 10:10am	OPENING REMARKS	
10:10am - 10:15am	Little Jins (3-5) Female	Colored Belt
10:15 am - 10:40am	Dragon (6-7) Female - Male	Colored Belt
10:40am - 11:05am	Tiger (8-9) Female - Male	All Belt Levels
11:05am - 11:50am	Youth (10-11) Female - Male	All Belt Levels



[CT1-EP2 Link](#)

COURT 1 EPISODE 2

Live Streaming starts at 12:50pm (EASTERN TIME ZONE)

12:50pm - 1:25pm	Cadet (12-14) Female - Male	All Belt Levels
1:25pm - 1:45pm	Juniors (15-17) Female - Male	All Belt Levels
1:45pm - 1:55 pm	Under 30 Female	All Belt Levels
1:55pm - 2:05pm	Under 40 Male	All Belt Levels
2:05pm - 2:20pm	Under 50 Female - Male	All Belt Levels
2:20pm - 2:30pm	Under 60 Female - Male	Blackbelt
2:30 - 2:35pm	Under 65 Male	Blackbelt

Schedule provided is subject to change and are estimated time slots. Any changes will be announced in our Ong's Taekwondo Facebook account and at our livestream chat. Thank you and good luck to all the players!



July 31, 2021 Saturday
Live Streaming starts at 10:00am (EASTERN TIME ZONE)

SPORTS INDIVIDUAL POOMSAE

 [CT2-EP1 Link](#)

COURT 2 - EPISODE 1

Time	Division	Belt Level
10:00am - 10:10am	OPENING REMARKS	
10:10 - 10:15am	Dragon (6-7) Female	Colored Belt
10:15am - 10:30am	Tiger (8-9) Female	Colored Belt
10:30am - 10:40am	Youth (10-11) Female	Red and Blackbelt
10:40am - 11:00am	Cadet (12-14) Female- Male	Red and Blackbelt
11:00am - 11:15am	Under 30 Female - Male	Blackbelt
11:15am - 11:25am	Under 40 Male	Blackbelt
11:25am - 11:40am	Under 50 Female - Male	Red and Blackbelt
11:40am - 11:50am	Under 60 Female	Blackbelt

TRADITIONAL / SPORTS POOMSAE Pair, Team and Open

 [CT2-EP2 Link](#)

COURT 2 - EPISODE 2

Live Streaming starts at 12:50pm (EASTERN TIME ZONE)

Time	Division	Belt Level
12:50pm - 1:00pm	OPENING REMARKS	
1:00pm - 1:05pm	Sports Poomsae- Pair	Blackbelt
1:05pm - 1:15pm	Sports Poomsae- Team	Blackbelt
1:15pm - 1:45pm	Traditional Poomsae Pair Event Novice, Advanced, Blackbelts	
1:45pm - 1:50pm	Traditional Poomsae Team Event Novice, Advanced, Blackbelts	
1:50pm - 2:30pm	Open Poomsae Female - Male (ALL AGES - All Belt Level)	

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