



COMPETITION
WHATSAPP CHAT GROUP

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TRADITIONAL POOMSAE SPORTS POOMSAE PARA & OPEN POOMSAE

2021 DG ASIAN TAEKWONDO OPEN POOMSAE

JULY 31 - AUGUST 1, 2021

HOSTED BY 2X OLYMPIAN DONNIE GEISLER



INDIVIDUAL, PAIR & TEAM | OPEN TO ALL AGES AND LEVELS

CERTIFIED INTERNATIONAL REFEREES LIVE STREAMING

Dear Masters, Coaches, and Athletes,

The past year has been one of the most challenging times in the history of mankind, not only for sports enthusiasts but more so for our children and youth who were unwillingly compelled to accept the ways that "normal" failed us. But through taekwondo, we can choose to become instruments of unity and harmony. Through the sports that we all love, we can strengthen each other and break the boundaries of race, gender, age, physique and status.

DG Taekwondo, together with the organizing committee, hopes to give taekwondo athletes, coaches, and practitioners an opportunity to be a part of a meaningful and positive endeavor that we can look forward to. It is my pleasure to invite you to the 2021 DG Asian Taekwondo Open Poomsae on July 31 – August 01, 2021.

This is a gift of extraordinary experience as we hope to reach more than 30 countries. It is also a chance to reinvigorate our passion for taekwondo amidst the negativities and adversities that we all are battling today. May we inspire each other to persevere and to acknowledge the good things in this world. Let us create a joyful memory that can last a lifetime!

Best regards,

Donald David Geisler III OLY

Tournament Host

REGISTRATION INFORMATION

Registration Website: inthetms.com

Video Tutorials are available for teams/athletes that are not registered yet in the system

Registration Period: **JUNE 01, 2021(EXTENDED) Early Registration and Payment Deadline**

July 03, 2021 Regular Registration and Payment Deadline

July 17, 2021 Late Registration and Payment Deadline – **11:59 PM Eastern Time (EST)**

Video Submission Deadline: **July 17, 2021 – 05:00 PM Eastern Time (EST)**

Tournament Fee*:	Registration Time	First Event	Succeeding Event/s
	Early Registration	\$55/ athlete	\$20 for each additional event and athlete
	Regular Registration	\$65/ athlete	\$25 for each additional event and athlete
	Late Registration	\$75/ athlete	\$35 for each additional event and athlete

* The system will calculate total fees based on the number of events entered and the date of registration

Notes: Teams/ Athletes may register first according to the registration options stated above, and submit video entry/ies on or before July 17, 2021
Registration fees are nonrefundable and will be used to cover international level judges, e-certificates, medals, and e-tournament operations

TOURNAMENT INFORMATION

Traditional Poomsae Class: For all belts and ages who do world taekwondo poomsae

Sports Poomsae Class: For more experienced competitors of all ages
Colored belts and black belts who do world taekwondo poomsae

Para Poomsae Class: For athletes with special needs of all belts and ages
To build tournament experience and gain confidence
Available only for individual event

Open Poomsae Class: For athletes of all belts and ages who do old taekwondo forms/ ITF forms.
Available only for individual event

Traditional, Open & Sports Poomsae Classes will hold THREE events: Individual, Pairs, and Team

- Open to all ages and belt level: Individual, Pairs and Team
- No gender restrictions in forming pairs or teams
- No age restrictions in forming of the pairs and teams
- All belt combinations are allowed in forming of the pairs and teams
- Pairs consist of only 2 members
- Teams consist of 3 members
- Individual: must perform designated poomsae for your belt level
- Pairs/Team: Must perform designated poomsae based on level (Novice, Advanced, Black belt)

Sports Poomsae Class:

- Open to all ages, colored belts and black belts: Individual, Pairs and Team
- Pair has to be a female and male athlete of the same age group
Colored Belts: 11 Yrs. Old and Under, Cadet (12 – 14), Junior (15 – 17), Senior (18 – 30),
31 Yrs. Old and Up
Black Belts: 11 Yrs. Old and Under, Cadet (12 – 14), Junior (15 – 17), Senior (18 – 30), 31 Yrs. Old and Up
- Team will compose of only 3 members of the same gender and age group
Colored Belts: 11 Yrs. Old and Under, Cadet (12 – 14), Junior (15 – 17), Senior (18 – 30),
31 Yrs. Old and Up
Black Belts: 11 Yrs. Old and Under, Cadet (12 – 14), Junior (15 – 17), Senior (18 – 30), 31 Yrs. Old and Up
Must perform designated poomsae per round (Preliminary, Semi-Final, Final)

Scoring:

Traditional Class: Scoring will be in the following order of importance:

- Individual: Presentation, Accuracy, TKD spirit
- Pair: Presentation, Accuracy, TKD Spirit, Synchronization, Teamwork
- Team: Presentation, Accuracy, TKD Spirit, Synchronization, Teamwork

Sports Poomsae Class: Will follow WT standards and rules

General Information:

- Each competitor may register up to 7 events
- Individual Division will be separated into male and female competitors.
- If there are not enough registrants within one grouping (age, level, etc.), that group will be combined with another appropriate group closest to the level/age group.
- Correct AGE is calculated as follows: the year of the tournament, 2021 minus your birth year no matter which month you were born, i.e. 2021 – 1971 = 50
- Due to COVID-19 situation, masks can be worn when the competitor sees a need to wear them in any of the events: Individual, Pair, or Team
- For Traditional Class Poomsae: Depending on the number of entries, they may be classified and grouped into a maximum of 4 players per group. They will be judged by selected International referees and be live streamed on YouTube platform. **ALL PARTICIPANTS IN THIS EVENT WILL BE AWARDED WITH MEDAL!**
- For Sports Class Poomsae: All participants' videos will be live streamed and each athlete will receive a Certificate of Participation. However, only the **top 4** will receive their respective medal (gold / silver/ 2 bronze).
- Due to various belt systems used worldwide, coaches/ athletes are expected to register in accordance to the respective poomsae prepared.
- If deemed necessary, the organizer reserves the right to change or modify tournament provisions not stated in the guidelines.

TRADITIONAL CLASS POOMSAE INFORMATION

INDIVIDUAL EVENT:

AGE GROUPS: Little Jin Under 5 | Dragon 6 – 7 | Tiger 8 – 9 | Youth 10 – 11 | Cadet 12 – 14 | Junior 15 – 17
Senior 18 – 30 | Under 40 | Under 50 | Under 60 | 61 – 65 | Over 66

DIVISION	POOMSAE
White (9 th Geup)	H-Form, Basic One, Special Forms
Yellow Belt (7 th and 8 th Geup) All Ages	Taegeuk 1 or 2 Jang
Green Belt (5 th and 6 th Geup) All Ages	Taegeuk 3 or 4 Jang
Blue Belt (3 rd and 4 th Geup) All Ages	Taeguek 5 or 6 Jang
Red Belt (1 st and 2 nd Geup) All Ages	Taeguek 7 or 8 Jang
1 st Degree Black	Koryo
2 nd Degree Black	Keumgang
3 rd Degree Black	Taebaek
4 th Degree Black and Up	Pyungwon/ Shipjin/ Jitae/ Chunkwon

PAIRS EVENT:

All levels will have no age and gender restriction.
Matches will be according to level and poomsae performed.

LEVEL	DESIGNATED POOMSAE
Novice	Taegeuk 1, 2, 3, OR 4 Jang (may wear any colored belt)
Advanced	Taegeuk 5, 6, 7, OR 8 Jang (may wear any colored belt)
Black Belt	Koryo, Keumgang, Taebaek, Pyungwon, Shipjin, Jitae, OR Chunkwon

TEAM EVENT:

All levels will have no age and gender restriction.
Matches will be according to level and poomsae performed.

LEVEL	DESIGNATED POOMSAE
Novice	Taegeuk 1, 2, 3, OR 4 Jang (may wear any colored belt)
Advanced	Taegeuk 5, 6, 7, OR 8 Jang (may wear any colored belt)
Black Belt	Koryo, Keumgang, Taebaek, Pyungwon, Shipjin, Jitae, OR Chunkwon

OPEN POOMSAE INFORMATION

INDIVIDUAL EVENT: Any (ITF or other) Form appropriate for the belt/ level

AGE GROUPS: Little Jin Under 5 | Dragon 6 – 7 | Tiger 8 – 9 | Youth 10 – 11 | Cadet 12 – 14 | Junior 15 – 17
Senior 18 – 30 | Under 40 | Under 50 | Under 60 | 61 – 65 | Over 66

PAIRS and TEAM EVENT: Any (ITF or other) Form appropriate for the belt/ level

All levels will have no age and gender restriction. Matches will be according to level and Poomsae performed.

SPORTS CLASS POOMSAE INFORMATION (COLORED BELTS)

Class competitors have to submit 3 separate videos

INDIVIDUAL EVENT:

AGE GROUPS: Little Jin Under 5 | Dragon 6 – 7 | Tiger 8 – 9 | Youth 10 – 11 | Cadet 12 – 14 | Junior 15 – 17
Senior 18 – 30 | Under 40 | Under 50 | Under 60 | 61 – 65 | Over 66

LEVEL	DESIGNATED POOMSAE		
Belt and Rank	Preliminary	Semi-Final	Final <small>(with 30 second interval between the 2 Poomsae)</small>
Yellow and Orange (7 th and 8 th Geup) All Ages	Taegeuk 2 Jang	Taegeuk 1 Jang	Taegeuk 1 AND 2 Jang
Green and Purple (5 th and 6 th Geup) All Ages	Taegeuk 3 Jang	Taegeuk 4 Jang	Taegeuk 3 AND 4 Jang
Light Blue and Dark Blue (3 rd and 4 th Geup) All Ages	Taeguek 6 Jang	Taeguek 5 Jang	Taeguek 5 AND 6 Jang
Brown and Red (1 st and 2 nd Geup) All Ages	Taeguek 7 Jang	Taeguek 8 Jang	Taeguek 7 AND 8 Jang

PAIRS EVENT: Colored Belts

LEVEL	DESIGNATED POOMSAE		
Age	Preliminary	Semi-Final	Final <small>(with 30 second interval between the 2 Poomsae)</small>
11 Yrs Old and Under	Taegeuk 3 Jang	Taegeuk 4 Jang	Taegeuk 3 AND 4 Jang
Cadet: 12 – 14	Taegeuk 4 Jang	Taegeuk 5 Jang	Taegeuk 4 AND 5 Jang
Junior: 15 – 17	Taegeuk 8 Jang	Taegeuk 5 Jang	Taegeuk 8 AND 5 Jang
Senior: 18 – 30	Taegeuk 7 Jang	Taegeuk 8 Jang	Taegeuk 7 AND 8 Jang
31 Yrs Old and Up	Taeguek 8 Jang	Taeguek 5 Jang	Taeguek 8 AND 5 Jang

TEAM EVENT: Colored Belts

LEVEL	DESIGNATED POOMSAE		
Age	Preliminary	Semi-Final	Final <small>(with 30 second interval between the 2 Poomsae)</small>
11 Yrs Old and Under	Taegeuk 3 Jang	Taegeuk 4 Jang	Taegeuk 3 AND 4 Jang
Cadet: 12 – 14	Taegeuk 4 Jang	Taegeuk 6 Jang	Taegeuk 4 AND 6 Jang
Junior: 15 – 17	Taegeuk 7 Jang	Taegeuk 4 Jang	Taegeuk 7 AND 4 Jang
Senior: 18 – 30	Taegeuk 7 Jang	Taegeuk 8 Jang	Taegeuk 7 AND 8 Jang
31 Yrs Old and Up	Taeguek 5 Jang	Taeguek 7 Jang	Taeguek 5 AND 7 Jang

SPORTS CLASS POOMSAE INFORMATION (BLACK BELTS)

Class competitors have to submit 3 separate videos

INDIVIDUAL EVENT: Black Belt

LEVEL	DESIGNATED POOMSAE		
Age	Preliminary	Semi-Final	Final <small>(with 30 second interval between the 2 Poomsae)</small>
Dragon: 6 – 7 years old	Taegeuk 5 Jang	Taegeuk 6 Jang	Taegeuk 6 AND 4 Jang
Tiger: 8 – 9 years old	Taegeuk 4 Jang	Taegeuk 6 Jang	Taegeuk 5 AND 4 Jang
Youth: 10 – 11 years old	Taegeuk 6 Jang	Koryo	Koryo AND Taegeuk 8
Cadet: 12 – 14 years old	Taegeuk 7 Jang	Keumgang	Taegeuk 7 Jang AND Koryo
Junior: 15 – 17 years old	Koryo	Taegeuk 8 Jang	Keumgang AND Taebaek
Senior: 18 – 30 years old	Taegeuk 8 Jang	Koryo	Taebaek AND Taegeuk 8 Jang
Under 40 years old	Taebaek	Taegeuk 8 Jang	Keumgang AND Taebaek
Under 50 years old	Pyungwon	Keumgang	Koryo AND Pyungwon
Under 60 years old	Shipjin	Koryo	Jitae AND Shipjin
Under 65 years old	Jitae	Chunkwon	Chunkwon AND Hansoo
Over 65 years old	Jitae	Chunkwon	Shipjin AND Hansoo

PAIR EVENT: Black Belt

LEVEL	DESIGNATED POOMSAE		
Age	Preliminary	Semi-Final	Final <small>(with 30 second interval between the 2 Poomsae)</small>
11 Yrs Old and Under	Taegeuk 4 Jang	Taegeuk 7 Jang	Koryo and Taegeuk 5 Jang
Cadet: 12 – 14	Taegeuk 7 Jang	Taegeuk 6 Jang	Taegeuk 8 AND Koryo
Junior: 15 – 17	Taegeuk 8 Jang	Koryo	Keumgang AND Taegeuk 8 Jang
Senior: 18 – 30	Taegeuk 6 Jang	Koryo	Taebaek AND Koryo
31 Yrs Old and Up	Koryo	Pyungwon	Jitae AND Shipjin

TEAM EVENT: Black Belt

LEVEL	DESIGNATED POOMSAE		
Age	Preliminary	Semi-Final	Final <small>(with 30 second interval between the 2 Poomsae)</small>
11 Yrs Old and Under	Koryo	Taegeuk 8 Jang	Taegeuk 8 AND Koryo
Cadet: 12 – 14	Taegeuk 5 Jang	Taegeuk 6 Jang	Koryo AND Taegeuk 7 Jang
Junior: 15 – 17	Taegeuk 7 Jang	Koryo	Taegeuk 6 Jang AND Koryo
Senior: 18 – 30	Keumgang	Taegeuk 7 Jang	Taebaek AND Koryo
31 Yrs Old and Up	Koryo	Shipjin	Pyungwon AND Chunkwon

COMPETITION UNIFORM

Traditional and Open Poomsae Class

- Standard white dobok OR
- Competition dobok approved by the sponsoring school / master

Sports Poomsae Class (ages 8 – 14)

- WT approved uniform
- Male Cadet: white top with red and black collar, blue pants
- Female Cadet: white top with red and black collar, red pants

Sports Poomsae Class (ages 15 & up)

- Age appropriate individual WT approved uniform

Belt

- Athletes in Colored Belt categories MUST wear their appropriate corresponding colored belts for his/ her designated poomsae being performed. For athletes from a country with a different belt system, athletes may wear the belt color nearest their Geup.
- Pair and Team members can each wear their own level belts

CREATING A SCHOOL/ CLUB ACCOUNT



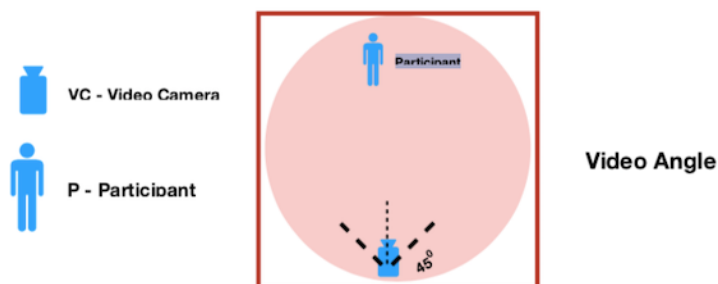
During the tournament live streaming, the athlete's name with images of the school/club name, logo, national flag, video entry, scores, and award are reflected. By creating a school/club account, team representative can log in at any time and be able to view and manage their participants' data. Once a school/club has created an account, this will serve as the school/club's account in every competition managed by inthetms.com. Athletes' information is saved and can be updated any time.

Procedure:

1. Email your school/club name, email address, complete address / mailing address, and logo to ongstk@gmail.com or send the complete information via text to +1 (352) 438 9455 or +1 (352) 804 4120. For schools/clubs with multiple locations but with one logo, please register each school/club separately and indicate their respective addresses.
2. You will receive your User ID and password for your school/club within 48 hours. After which, you can log in and manage your team participants.

VIDEO GUIDELINES

1. The Poomsae performance can be video recorded anywhere where there is space allowed for the performance of the Poomsae. Please ensure you follow the instructions of your local and national health authorities regarding social distancing and outdoor excursions.
2. Athlete must be 100% full body inside the screen of the recording for the entire Poomsae performance. 0.3 points will be deducted from accuracy for every movement performed with any part of the athlete's body out of the video frame.
3. Music is not allowed.
4. The video recording shall be done while the athlete is facing the camera in the start position. The camera must be stationary but may be rotated no more than 45 degrees left and right from its starting point as indicated in the diagram below. Zooming in and out during the performance is not allowed.



5. Videos that have been used in any other competitions will be disqualified.
6. Poor quality videos that are unable to be judged by the referees will result in the minimum score of 1.5 per Poomsae. Minimum video quality should be 720p @ 60fps. Suggested video quality is 1080p @ 60fps where possible. Video must be in LANDSCAPE orientation.
7. Performance should start with the correct Taekwondo etiquette before each performance. This will reflect in the final scoring as an element within Taekwondo Spirit criteria.
 - Procedure at the start of performance: Charyeot, Kyungrae, Choonbi, Shijak
 - Procedure at the end of performance: Baro, Charyeot, Kyungrae
 - Masters may help with announcing the actions for the students
8. Traditional Poomsae competitors shall record 1 video for each event between 30 – 90 seconds. Sports Poomsae competitors will make 3 separate videos for each event: one preliminary video, one semi-final video, and one continuous video with two designated Poomsae for the finals with approximately 30 seconds separating the two performances. Both performances for the finals should start and end with the correct Taekwondo etiquette.
9. Name your video/s following this format: **2021 DG ATOP – Athlete's Name – Poomsae – Gender and Division**
example: Individual 2021 DG ATOP – Jane Doe – Taegeuk 4 – Female Tiger
Sports Pair 2021 DG ATOP – John/Jane – Preliminary – M/F Colored 31 and Up
Sports Team 2021 DG ATOP – John/Robert/James – Final – Male Black Cadet
10. Upload video entry/ies on YouTube. Make sure that each video is saved as **Unlisted** or **Public**, and the **Allow Embedding** in the video options has been checked. Paste the video's YouTube link in the designated box of the event management page of inthetms.com.
11. A video with wrong player/s or registered in the wrong division will be disqualified.

LIVE STREAM INFORMATION

1. The 2021 DG Asian Taekwondo Open Poomsae will be streamed live on YouTube on July 31, 2021 and August 01, 2021 Eastern Time (EST).
2. The schedule and court number for each event and division will be released at least three (3) days before the live stream.
3. On the specific tournament schedule or thereafter, go to inthetms.com and click on the court number and tournament day that you wish to watch. The link will then bring you to the YouTube stream of the event (Court # Day #).



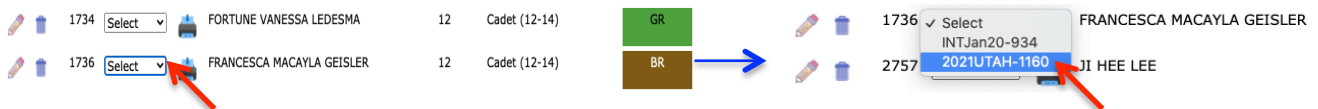
4. After the ranking is announced per category, the results may be viewed by clicking the Matches and Results

AWARDS

1 st Place	1 st Place E-certificate and Gold Medal
2 nd Place	2 nd Place E-certificate and Silver Medal
3 rd Place	3 rd Place E-certificate and Bronze Medal
4 th Place	4 th Place E-certificate and Bronze Medal



E-certificates will be available as soon as the results are final. Just log in to your account in inthetms.com, (go to participant's page if registered as a group), and select the tournament certificate. You may now download and print the tournament certificate.



Medals will be sent to each taekwondo school address by regular shipment at no extra cost. Additional fee will be required if you want the medal shipment to be expedited with trace and tracking number. For such case, please send your request to donniegeislertaekwondo@gmail.com.

LIABILITY WAIVER

DG Taekwondo shall waive all liability in the broadest sense of the word with regard to the participation of athletes and by participating, the athlete shall indemnify DG Taekwondo and all other officials and athletes from any claims of injuries, losses or otherwise arising in the course of participation at the 2021 DG Asian Taekwondo Open Poomsae or any activities linked therewith. Furthermore, the athlete or his/her representative is giving permission for the competitor's name and video to be aired on YouTube or published on social media accounts. It is the responsibility of each registered athlete to ensure and guarantee that sufficient insurance coverage has been arranged for themselves.

FOR INQUIRIES AND CONCERNS

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