

OLYMPIC SPARRING [AMATEUR]

WT POOMSAE

OLYMPIC SPARRING [ELITE]

WT PAIR POOMSAE

WT VIRTUAL SPARRING

WT TEAM POOMSAE

BOARD BREAKING

TRADITIONAL POOMSAE

FOR MORE DETAILS



SCAN HERE

REGISTER NOW!

DAY 1-VTKD EVENT VENUE

OTA-USA CENTRAL GYMNASIUM

4633 N OLCOTT AVE., HARWOOD HTS. IL 60706

FINAL REGISTRATION 8:00 AM OPENING CEREMON 9:00 AM

DAY 2 - ALL EVENTS VENUE

RIDGEWOOD HIGH SCHOOL

7500 W MONTROSE AVE., NORRIDGE, IL 60706

FINAL REGISTRATION 8:00 AM OPENING CEREMONY 9:30 AM

GENERAL ADMISSION: \$15 CHILDREN UNDER 5: FREE SENIOR 65+: FREE



POOMSAE















Welcome!



As we all know, TaeKwonDo, the Olympic martial art that unites us all, is currently experiencing unprecedented growth worldwide. Major tournaments, including the Olympics, World Championships, and Asian Games, have attracted enthusiastic crowds and support from sports lovers.

In line with this vision, the Annual Chicago Taekwondo Open, hosted by ONG TAEKWONDO ACADEMY - OTA-USA, continually aims to bring together Taekwondo athletes for a spectacular display of talent, skills, and competitive spirit, providing exciting and inspiring high quality and professional Taekwondo tournament experience.

As we anticipate the intensity and dedication of the athletes and teams, let us remember the true essence of Taekwondo, which focuses on character and discipline. May these core values guide our lives and ethical behavior.

I extend my heartfelt thanks to every staff member, volunteer, student, and parent of OTA-USA, along with all local and international teams, supporters, and sponsors. Your contributions are the fruits of our hard work in Taekwondo.

Every year, our goal is to be united in one spirit as each represents their own team.

Wishing everyone the best of luck, and congratulations to all in advance!

We look forward to seeing you all again next year.

Master Anthony Y. Ong

President
Ong Taekwondo Academy
Chicago, Illinois

Tournament Director Chicago Taekwondo Open















TOURNAMENT INFORMATION

DATE: December 6 & 7, 2025

Saturday & Sunday

VENUE: Day 1 : OTA-USA Central Gymnasium (Virtual Sparring)

4633 N Olcott Avenue, Harwood Heights IL 60706

Saturday | 9:30 AM - 1:00 PM

Day 2 : Ridgewood High School (All Events) 7500 W Montrose Avenue, Norridge, IL 60706

Sunday | 9:00 AM - 6:00 PM

ORGANIZER: Ong TaeKwonDo Academy — OTA-USA Inc.

Headquarters: 4633 N. Olcott Ave., Harwood Heights, IL 60706

Mobile: 773.763.9200 | Tel. 708.867.6800

Website: www.ota-usa.com | E-mail: mainoffice@ota-usa.com

REGISTRATION PERIOD: October 1st - December 1st

REGISTRATION DEADLINE: Local Team/Athletes: November 28 - Friday

Foreign Team/Athletes: November 8 - Saturday

Registration done at the door will be charged additional \$10 late fee.

REGISTRATION FEES: All registration fees are final and non-refundable.

1 Event - - - - - \$95 2 Events - - - - \$105 3 Events - - - - \$115 4 Events - - - - \$125 Board Fee for Breaking — \$10

ADMISSION FEES: Adults & Children - - - - - \$15 For Day 2 5 & Under / Senior Citizen - - - - Free

COACHING: Coaching will ONLY be allowed to all Black Belts and is limited to 2 per 10

participant.

School Head Masters must submit via email the complete list of their team composed of the Coaches and participants for official Event Pass production. All

Masters and coaches will avail lunch and beverages for the entire event.

REFEREE VOLUNTEER: We kindly request that each participating school nominate a Senior Black Belt to

serve as a referee. Attendance at our pre-scheduled referee meeting and seminars is mandatory. By doing so, we aim to ensure a balanced and impartial judging and scoring process, representative of all participating schools. Please note that this will require a full-day commitment. For further information, please contact our main

office.





EVENTS INFORMATION

QUALIFICATIONS: Taekwondo Practitioners of all ranks, four years & up, who have trained and

understood the Taekwondo rules of competition

PAIRING / MATCHING: All competitors will be grouped into 4 players in each division, with consideration of

their age and belt level to a faster turn around

PER CLASS QUALIFICATION: WT Poomsae Division

For all belts and ages who do World Taekwondo Poomsae and other types of

Poomsae

Traditional Poomsae Division

For all belts and ages who do other types of Poomsae

Pair Poomsae & Team Poomsae Division

Only World Taekwondo Poomsae only

Sparring B - Amateur Division

WT Rules - No head contact

Sparring A - Elite Division

Full contact with junior safety rules - light head contact

Board Breaking Division

For athletes of all ages with exceptional skills of strength and flexibility.

Virtual Sparring

For athletes of all belt ranks ages 10 and above interested in technology-inspired

Taekwondo

COMPETITION RULES: Modified WT competition rules, USAT Junior Safety Rule for all Black Belts & Junior

Black Belts only. For 11 years old & below, the rules may be modified upon the

discretion of the tournament committee.

Coaches are REQUIRED to attend the set meeting before the event.

COMPETITOR AWARDS: 1st, 2nd & 3rd place winners will be awarded a Trophy or Medal.

Children divisions will be structured to ensure all participants will receive medals.

Kyokpa / Breaking Event: 1st Place 2nd Place N/A

Poomsae / Forms Event : 1st Place 2nd Place (2) 3rd Place Kyorugi / Sparring Event : 1st Place 2nd Place (2) 3rd Place Pair/Team Poomsae : 1st Place 2nd Place 3rd Place Virtual Sparring Event : 1st Place 2nd Place 3rd Place

MANDATORY EQUIPMENT: WT-approved Taekwondo Uniforms Black V-neck for Black Belts only and White V-

neck for non-Black belts.

All sparring competitors must wear WTF Approved headgear, red and blue reversible chest protector, forearm guard, fist gloves, shin and instep guard, groin cup and mouthpiece. Each competitor must provide his or her own equipment. Necessary equipment will be sold at the tournament site. Participants who will not wear their

complete protection gear will be disqualified.





DAY 1 - SATURDAY SCHEDULE OF EVENTS - OTA-USA CENTRAL GYMNASIUM

8:00 AM - 9:00 AM FINAL REGISTRATION WITH LATE FEE (\$10)

ATHLETES & COACHES EVENT PASS DISTRIBUTION

9:30 AM - 1:00 PM VIRTUAL SPARRING

ALL belts | ALL ages

1:00 PM CLOSING CEREMONY

DAY 2 - SUNDAY SCHEDULE OF EVENTS - RIDGEWOOD HIGH SCHOOL

8:00 AM - 9:30 AM FINAL REGISTRATION WITH LATE FEE (\$10)

ATHLETES & COACHES EVENT PASS DISTRIBUTION

9:30 AM - 10:00 AM OPENING CEREMONY

- United States of America National Anthem

- Opening Speech by Master Anthony Ong & Master Lito Ong

- OATH of Referee

- OATH of Sportsmanship

10:00 AM - 12:30 PM COMPETITION PROPER PART ONE

ALL Poomsae Event | Board Breaking Event

- Individual Forms Awarding

- Individual Breakings Awarding

Court A - Toddlers / Kids / Youth Male & Female Division

Court B - All Sport Poomsae Groups

Court C - Junior / Senior / Ultra Male & Female Division

Court D - Junior / Senior / Ultra Male & Female Division

12:30 PM - 1:00 PM LUNCH BREAK - No food allowed inside the gymnasium

1:00 PM - 6:00 PM COMPETITION PROPER PART TWO - STAGING

Sparring Event

- Individual Sparring Awarding

Court A - Toddlers / Kids Male & Female Division

Court B - Junior Youth Male & Female Division

Court C - Junior / Senior / Ultra Male & Female Division

Court D - Junior / Senior / Ultra Male & Female Division

6:00 PM CLOSING CEREMONY







WORLD TAEKWONDO POOMSAE RULES				
Individual	Pair (Mixed)	Team		
One Athlete Two Athletes		Three Black Belts or Color Belts		
EH				



- ONLY WT Taeguk Poomsae will be allowed for all color belts competing in Individual Poomsae
- · Open to all ages and belt level: Individual, Pair and Team
- · No gender restrictions in forming pairs or teams
- · No age restrictions in forming of the pairs and teams
- · All belt combinations are allowed in forming of the pairs and teams
- · Individual: must perform designated WT Poomsae for your belt level
- · Color Belt Pair/Team: Must perform designated Poomsae based on level
- Black Belt Pair/Team: Must select from KORYO, KEUMGANG, TAEBAEK OR PYONGWON Poomsae to perform

Scoring:

WT Poomsae Class: Will follow WT standards and rules

- · Individual: Power, Presentation, Accuracy, TKD spirit
- Pair: Power, Presentation, Accuracy, TKD Spirit, Synchronization, Teamwork
- Team: Power, Presentation, Accuracy, TKD Spirit, Synchronization, Teamwork



General Information:

- · Each competitor may register up to a maximum of 4 events
- Individual Division will be separated into male and female competitors.
- If there are not enough registrants within one grouping (age, level, etc.), that group will be combined with another appropriate group closest to the level/age group.
- Correct AGE is calculated as follows: the year of the tournament (2023) minus your birth year no matter which month you were born in, i.e. 2023 – 1971 = 52
- Depending on the number of entries, they may be classified and grouped into a maximum of 4 players per group.



Scoring:

Traditional Class: Scoring will be in the following order of importance:

- · Individual: Power, Presentation, Accuracy, TKD spirit
- Pair: Power, Presentation, Accuracy, TKD Spirit, Synchronization, Teamwork
- Team: Power, Presentation, Accuracy, TKD Spirit, Synchronization, Teamwork

ALL PARTICIPANTS IN THE TRADITIONAL OPEN POOMSAE EVENTS WILL BE AWARDED WITH MEDALS!

- Due to various belt systems used worldwide, coaches / athletes are expected to register in accordance to the respective grade level and poomsae prepared.
- If deemed necessary, the organizer reserves the right to change or modify tournament provisions not stated in the guidelines.





POOMSAE EVENT AGE DIVISION & CATEGORY					
AGE DIVISIONS					
Under 5	Dragon 6-7	Tiger 8 – 9	Youth 10 - 11		
Cadet 12 - 14	Junior 15 – 17	Senior 18 – 32	Under 40		
Under 50	Under 60	Under 61 – 65	Over 66		
	INDIVIDUAL W	T POOMSAE			
BELT		POOMSAE			
White (9 th Geup)		H-Form, Basic One, Special Forms or other			
Yellow - Orange (7th and 8th Geup) All Ages		Taegeuk 1 or 2 Jang or other			
Green - Purple Belt (5 th and 6 th Geup) All Ages		Taegeuk 3 or 4 Jang or other			
Blue - Dark Blue Belt (3rd and 4th Geup) All Ages		Taeguek 5 or 6 Jang or other			
Brown - Red Belt (1st and 2nd Geup) All Ages		Taeguek 7 or 8 Jang or other			
1 st Degree Black		Koryo or other			
2 nd Degree Black		Keumgang or other			

PAIR/TEAM WT POOMSAE EVENT CATEGORY

All levels will have no age and gender restriction.

Matches will be according to level and poomsae performed.

Choose one form from any of the designated poomsae based on your level.

LEVEL	DESIGNATED POOMSAE				
Novice	Taegeuk 1, 2, 3, OR 4 (may wear any colored belt)				
Advanced	Taegeuk 5, 6, 7, OR 8 (may wear any colored belt)				
Black Belt	Koryo, Keumgang, Taebaek, Pyongwon				





AGE GROUP	DIVISION	WHITE - YELLOW - ORANGE - GREEN - PURPLE	LIGHT BLUE - DARK BLUE - BROWN - RED	DEPUTY - BLACK BELTS
4-6 MALE & FEMALE	TODDLER TKD	B - 1	B - 2	B - 3 Freestyle Board Sequence
7 - 9 MALE & FEMALE	KIDS TKD	1. Hammer Fist 2. Round-house Kick 3. Axe Kick	1. Jump Front Kick 2. Jump Spin Round - House Kick 3. Back Kick Board Sequence	2
10 - 12 MALE & FEMALE	YOUTH TKD	Board Sequence	1	↓ 4 0R B - 4
13 - 15 MALE & FEMALE	JUNIOR YOUTH	2	2	Board Sequence Speed Breaking 4 Spinning Hook Kicks 4 Jump Spin Round Hot Kick
16 - 17 MALE & FEMALE	JUNIOR	9		Board Sequence
18 - 37 MALE & FEMALE	SENIOR		1	OR
38 - UP MALE & FEMALE	ULTRA			$\begin{array}{c} 2 \\ 4 \\ \end{array}$

- For safety purposes, the organizing committee will only allow 1/4 inch Demonstration Boards for competitors ages 4 12 years old. 1/2 inch will be used for ages 13 & Up
- Scores will depend on the level of performance
- A perfect score is achieved if the boards are broken on the first attempt.
- GOLD: 0 mistake SILVER: 1 mistake BRONZE: 2 or more mistakes







OLYMPIC SPARRING EVENT AGE DIVISION & CATEGORY						
AGE GROUP	DIVISION	BEGINNER	BASIC	INTERMEDI ATE	ADVANCE D	EXPERT
4 - 6 MALE & FEMALE	TODDLER TKD	WHITE - YELLOW	ORANGE - GREEN	PURPLE - LT. BLUE	DARK BLUE - RED	BLACK BELTS
7 - 9 MALE & FEMALE	KIDS TKD	WHITE - YELLOW	ORANGE - GREEN	PURPLE - LT. BLUE	DARK BLUE - RED	BLACK BELTS
10 - 12 MALE & FEMALE	YOUTH TKD	WHITE - YELLOW	ORANGE - GREEN	PURPLE - LT. BLUE	DARK BLUE - RED	BLACK BELTS
12 - 14 MALE & FEMALE	CADET	WHITE - YELLOW	ORANGE - GREEN	PURPLE - LT. BLUE	DARK BLUE - RED	BLACK BELTS
15 - 17 MALE & FEMALE	JUNIOR	WHITE - YELLOW	ORANGE - GREEN	PURPLE - LT. BLUE	DARK BLUE - RED	BLACK BELTS
18 - 32 MALE & FEMALE	SENIOR	WHITE - YELLOW	ORANGE - GREEN	PURPLE - LT. BLUE	DARK BLUE - RED	BLACK BELTS
33 - UP MALE & FEMALE	ULTRA	WHITE - YELLOW	ORANGE - GREEN	PURPLE - LT. BLUE	DARK BLUE - RED	BLACK BELTS

SPARRING RULES

- ALL Sparring competitors must wear WT-approved Taekwondo Uniforms, Sparring Protective Equipments (Head Gear, Chest Guard, Arm Guards, Fist Gloves, Shin & In-step guard, Groin cap and Mouthpiece)
- FACE SHIELD is highly recommended.
- Sparring Match consists of 2 rounds, each will last up to 1 minute.
 Time may vary in every division.
- Competitors who will not be wearing complete protective gear will be defaulted but will be given 60 seconds grace period to complete the required safety gear.

SPARRING CATEGORY

Class A - Full Contact Sparring

- Black Belt ONLY (12 & Above)
- Junior Safety Rules / USAT Safety Rules
- Light Head Contact ONLY

Class B - Amateur Sparring

- No head contact
- Body Kicks ONLY
- ALL ages for Color Belts & Black Belts

SCORING:

- 1. Punch to the body 1 point
- 2. Basic Kick to the body 2 points
- 3. Spinning Kick to the body 4 points
- 4. Light Kick to the head (for Class A) 4 points
- 5. Spinning Light Kick to the head (for Class A) 5 points

WARNING/PENALTY - GAMJEUNG

- 1. Crossing boundary line
- 2. Falling down
- 3. Avoiding or delaying the match
- 4. Grabbing
- 5. Pushing the opponent
- 6. Lifting the leg in the air over 3 seconds or to block
- 7. Kicking below the waist
- 8. Attacking after Kalyeo
- 9. Hitting opponent's head with the hand
- 10. Attacking with the knee
- 11. Attacking the fallen opponent
- 12. Misconduct of Coach and/or Athlete or head butting

All Olympic Sparring athletes, regardless of belt level, are strongly advised to procure their own DAEDO E-socks Gen.2, as they are mandatory for Sparring A and recommended for Sparring B. Athletes equipped with DAEDO E-socks will be paired accordingly. If your team requires assistance in purchasing E-socks, please contact our Main Office for support at (773) 763-9200 or email gotqitkd@yahoo.com

NOTE:

Daedo E-socks required to ALL Black Belts; recommended to color belts.





19th ANNUAL CHICAGO TAEKWONDO OPEN TOURNAMENT YEAR 2025



COMPETITION UNIFORM

Traditional Poomsae and Sparring Division

- Standard white Dobok.
- Competition Dobok approved by the sponsoring school master



Cadet Poomsae (ages 8 – 14)

- WT approved uniform
- Male Cadet: white top with red and black collar, blue pants
- Female Cadet: white top with red and black collar, red pants





Master/Junior/Senior Poomsae (ages 15 & up)

Age appropriate individual WT approved uniform







Belt

- Athletes in Colored Belt categories MUST wear their appropriate corresponding colored belts for his/ her designated Poomsae being performed. For athletes from a country with a different belt system, athletes may wear the belt color nearest their Geup.
- Pair and Team members can each wear their own level belts.



19th ANNUAL CHICAGO TAEKWONDO OPEN TOURNAMENT YEAR 2025



COMPETITION REGISTRATION FORM

PRE-REGISTRATION is mandatory. Registration at the door will be \$10 extra. This form should be filled out by parents or legal guardian if the competitor is under 18 years of age. All information are kept confidential and are not shared nor sold.

FIRST NAME:		LAST NAME:		
EMAIL:		MOBILE:		
HEIGHT (FEET/INCHES) :	GENDER:	BELT COLOR/RANK:		
WEIGHT (LBS) : AGE :				
ADDRESS (STREET/CITY/STATE/ZIP):				
MARTIAL ARTS SCHOOL INFORMATION				
SCHOOL NAME:		MASTER / COACH NAME:		
SCHOOL EMAIL:		SCHOOL MOBILE:		
SCHOOL ADDRESS (STREET/CITY/STATE/ZIP):				
	TOURNAME	NT EVENTS		
INSTRUCTION : Please check the box of the desired	category of events y	ou wish to participate in.		
Individual Traditional Forms (Colored Belt Division)		Pair Traditional Forms (Mixed Color and/or Black Belt)		
Individual Traditional Forms (Black Belt Division)		Team Traditional Forms (Color Belt or Black Belt)		
Virtual Sparring (All Belts, 10 y/o Above Only)		Olympic Sparring Colored Belts Sparring A or B		
Individual Board Breaking Colored Belts B1 B2 Deputy & Black Belts B3 B4		Olympic Sparring Black Belts Sparring A or B		
	TOURNAM	ENT FEES		
□ 1 Event \$95 □ 2 Events \$105 □ 3 Events	\$115	\$125 │ ☐ Board Fee for Breaking \$10	Total Events:	
ALL PAYMENTS ARE FINAL AND NON-REFUNDABLE. SCHOOL ADMINISTRATORS ARE RESPONSIBLE TO ISSUE ONLY ONE CHECK FOR ALL PARTICIPANTS MADE PAYABLE TO OTA Inc. We do not accept personal checks from Athletes/Individuals.				
LIABILITY WAIVER AND CONSENT FOR MEDICAL TREATMENT				
I hereby submit this registration and liability form to participate in the Chicago TaeKwonDo Open Tournament. I certify that the above information is true and correct and hereby release discharge and waive any and all responsibility of the Ridgewood High School, Tournament Committee, Referees, Instructors, and other competitors from liability for any injury, including death, and for damage to or loss of property which may be suffered by myself arising out of, or in any way resulting from or attributable in whole or in part to my traveling to, training for, being coached in, using any sports equipment in, or participating in the Chicago TaeKwonDo Open Tournament. As a competitor or parent/legal guardian of the competitor, I give consent to any x-ray exam, medical, chiropractic, dental or other treatment(s) deemed necessary for the safety and welfare of the contestant. I understand this authorization is given prior to any diagnosis, treatments or hospital care being required but is given to provide the medical/chiropractic/dental staff authority to render care as deemed advisable. In the case of minors, it is understood that efforts shall be made to contact the undersigned prior to rendering treatment, but treatment will not be withheld if the undersigned cannot be reached. I understand that in case of injury, only basic first aid will be made available on site, and that I am fully responsible for any and all resulting medical or other expenses.				
Competitor Signature:		Parent/Guardian Signature:		