

16th Florida Open International Taekwondo Championships April 22, 2023

Dear Master and Coaches,

On behalf of Ong's Taekwondo LLC, I would like to invite you to be part of our annual Florida Open Taekwondo Championships. For the past 16 years, we have successfully organized tournaments that have inspired taekwondo students and built relationships with teams from all over US and abroad. For 2023, the event will take place at Trinity Catholic High School Gymnasium which is located at 2600 SW 42nd Street Ocala, Florida 34471 on April 22, 2023.

Best regards,

Angelito Ong Tournament Director 16th Florida Open International Taekwondo Championships





REGISTRATION INFORMATION

Registration Website:	inthetms.com Video Tutorials are available for teams/athletes that are not registered yet in the system
Organizer Information:	Ongs Taekwondo LLC Head Quarters: 2201 S.W. 19th Avenue Road suite 100 Ocala FL 34471 Mobile: 352.804.4120 Event website: <u>florida-tkdopen.com</u> Email: <u>ongstkd@gmail.com</u> Website: <u>ongstaekwondo.com</u>
Tournament Venue:	Trinity Catholic HighSchool Basketball Gymnasium

2600 SW 42nd St, Ocala, FL 34471.

Registration Period and Tournament Fee:

• February 28 thru April 20, 2023 -11:59 pm (EST): Registration Deadline

- One Event **\$ 90** / athlete
- **\$20** for Additional Event
- Maximum of 7 events per athletes

Enrollment Deadline: All registrations must be received on or before April 20, 2023.

Registration at the door will be charged extra **\$15** late fee.

Foreign competitors must register a month before tournament date.

Additional Fee: Adult and Children = \$15.00 5 yrs under = Free

Coaching: Coaching will be allowed for all non-black belts. Parents who wish to coach their team must attend the mandatory coaching seminar. Non-Blackbelt and Coach-Parent fee is \$35.00 Foreign Coach Fee is \$70.

There will be NO coaching for those who failed to attend the coaching seminar or did not register. Violators of this provision will lose their coaching privileges. Coaches are encouraged to register by completing the Coach Registration Form. Local WTF Certified Master instructors and School owners are exempted from fees, but will still be required to fill out the coaching registration form.

* The system will calculate total fees based on the number of events entered and the date of registration.

TOURNAMENT INFORMATION

• Traditional Poomsae Class: For all belts and ages who do world Taekwondo Poomsae

•	Sports Poomsae Class:	For more experienced competitors aged twelve years old and up Black belts who do world Taekwondo Poomsae.
•	Para Poomsae Class:	For athletes with special needs of all belts and ages To build tournament experience and gain confidence Available only for individual event.
•	Open Poomsae Class:	For athletes of all belts and ages who do old Taekwondo forms/ ITF forms. Available only for individual event.
•	Sparring Class:	For athletes of all belts and all ages
•	Board Breaking Class:	For athletes of all ages with exceptional skills of strength and flexibility.

Competition Rules: The current WTF competition rules, USAT Junior Safety Rule for all Black Belts and Junior Black Belts only. For players aged 11 years old, the rules may vary upon the discretion of the tournament committee.

Competitor Awards: POOMSAE, BREAKING & SPARRING players will be awarded a medal for 1st, 2nd & two 3rd place winners.

School Awards: "Best Player Award"- Player who showcased extraordinary ability and with the highest approval rate from judges and referees.

Mandatory Equipment: WTF approved Taekwondo Uniforms Black V-neck for Black Belts only and white V-neck for non-Black Belts. All sparring competitors must wear WTF Approved headgear, red and blue reversible chest protector, forearm guard, fist gloves, shin and instep guard, groin cup and mouthpiece. Each competitor must provide his or her own equipment.

Participants who will not wear their complete protection gear will be automatically disqualified.

SCHEDULE OF EVENTS

8:00am	Door Opens Pick-up of ID / Credentials Pick-up of Boards Weigh-In of Athletes
9:30 am	- Opening Ceremony
	 USA National Anthem by Josiah Santiago of Extreme Taekwondo Ocala Invocation by Ong's Taekwondo Florida Welcome and Inspirational Remarks by Master Angelito Ong Roll Call of Participating Teams Oath of Referee Oath of Sportsmanship of Ongs's Taekwondo Ocala Official Declaration of the Tournament by Master Angelito Ong of OTA-USA Master of Ceremony by Master Rebecca Ong.
10:00 am	- Competition Begins
	All Belts: Poomsae Individual, Pair, Team, and Breaking
12:00 pm	- Lunch Break
12:30 pm	- Demonstration by Ong's Taekwondo Ocala & Sebring Team.
1:00 pm	 Level A - Olympic Sparring (with Head Kick) for All Black Belts: Toddler Under 5 yrs, Dragon 6- 7 yrs; Tiger 8-9 yrs; Youth 10 -11 yrs; Cadet 12-14 yrs; Junior 15 -17 yrs, Junior 18-32 yrs, Ultra 33 and up
2:00 pm	 Level B - Regular Sparring (No Head Kick) for All Belts: Toddler Under 5 yrs, Dragon 6- 7 yrs; Tiger 8-9 yrs; Youth 10 -11 yrs; Cadet 12-14 yrs; Junior 15 -17 yrs, Junior 18-32 yrs, Ultra 33and up.
4:00 pm	Closing Ceremony

POOMSAE EVENTS

Traditional Poomsae Event		
Individual	Pairs	Team
Single Athlete	Two Athletes	Three Athletes

- Open to all ages and belt level: Individual, Pairs and Team
- No gender restrictions in forming pairs or teams
- No age restrictions in forming of the pairs and teams
- All belt combinations are allowed in forming of the pairs and teams
- Pairs consists of only 2 members
- Teams can consist of 3 members
- Individual: must perform designated poomsae for your belt level
- Pairs/Team: Must perform designated poomsae based on level (Novice, Advanced, Black belt)

Scoring:

Traditional Class: Scoring will be in the following order of importance:

- Individual: Presentation, Accuracy, TKD spirit
- Pair: Presentation, Accuracy, TKD Spirit, Synchronization, Teamwork
- Team: Presentation, Accuracy, TKD Spirit, Synchronization, Teamwork

Sport Poomsae Event		
Individual	Pairs	Team
Single Athlete	Two Athletes	Three Athletes

- Open to all players aged 12 years old and up, all colored belts and black belts: Individual, Pairs and Team
- Pair has to be a female and male athlete of the same age group
- Team will compose of only 3 members of the same gender, age group
- Must perform designated poomsae per round (Semi-Final, Final)

Scoring:

Sports Poomsae Class: Will follow WT standards and rules

General Information:

- Each competitor may register up to a maximum of 7 events
- Individual Division will be separated into male and female competitors.
- If there are not enough registrants within one grouping (age, level, etc.), that group will be combined with another appropriate group closest to the level/age group.
- Correct AGE is calculated as follows: the year of the tournament (2023) minus your birth year no matter which month you were born in, i.e. 2023 1971 = 52
- Considering the ongoing COVID-19 situation and additional precautionary measures, masks can be worn whenever the competitor sees a need to wear them in any of the events and inside the venue

ALL PARTICIPANTS IN THE TRADITIONAL POOMSAE, OPEN AND PARA POOMSAE EVENTS WILL BE AWARDED WITH MEDALS!

- Due to various belt systems used worldwide, coaches/ athletes are expected to register in accordance to the respective poomsae prepared.
- If deemed necessary, the organizer reserves the right to change or modify tournament provisions not stated in the guidelines.

TRADITIONAL CLASS POOMSAE INFORMATION				
AGE DIVISIONS				
Under 5	Dragon 6-7	Tiger 8 – 9	Youth 10 – 11	
Cadet 12 – 14	Junior 15 – 17	Senior 18 – 30	Under 40	
Under 50	Under 60	Under 61 – 65	Over 66	
	INDIVIDUA	L EVENTS		
BE	LT	POOM	ASAE	
White (9	th Geup)	H-Form, Basic One, Special Forms		
Yellow - Orange (7th and 8th Geup) All Ages		Taegeuk 1 or 2 Jang		
Green - Purple Belt (5th and 6th Geup) All Ages		Taegeuk 3 or 4 Jang		
Blue - Dark Blue Belt (3rd and 4th Geup) All Ages		Taeguek 5 or 6 Jang		
Brown - Red Belt (1st and 2nd Geup) All Ages		Taeguek 7 or 8 Jang		
1st Degree Black		Ko	ryo	
2 nd Degree Black		Keumgang		
3 rd Degree Black		Tael	baek	
4 th Degree Black and Up		Pyungwon/ Shipjir	h/ Jitae/ Chunkwon	

PAIRS EVENT:

All levels will have no age and gender restriction. Matches will be according to level and poomsae performed. Choose one form from any of the designated poomsae based on your level.

LEVEL	DESIGNATED POOMSAE	
Novice	Taegeuk 1, 2, 3, OR 4 Jang (may wear any colored belt)	
Advanced	Taegeuk 5, 6, 7, OR 8 Jang (may wear any colored belt)	
Black Belt	Koryo, Keumgang, Taebaek, Pyungwon, Shipjin, Jitae, OR Chunkwon	

TRADITIONAL TEAM AND PAIR POOMSAE EVENT: All levels will have no age and gender restriction. Matches will be according to level and poomsae performed. Choose one form from any of the designated poomsae based on your level.

LEVEL	DESIGNATED POOMSAE	
Novice	Taegeuk 1, 2, 3, OR 4 Jang (may wear any colored belt)	
Advanced	Taegeuk 5, 6, 7, OR 8 Jang (may wear any colored belt)	
Black Belt	Koryo, Keumgang, Taebaek, Pyungwon, Shipjin, Jitae, OR Chunkwon	

SPORTS CLASS POOMSAE INFORMATION Competitors will have elimination round				
AGE DIVISIONS				
Cadet 12 – 14	Cadet 12 – 14 Junior 15 – 17 Senior 18 – 30 Under 40			
Under 50Under 60Under 65Over 66				

SPORT POOMSAE - INDIVIDUAL EVENT: COLORED BELT		
LEVEL	DESIGNATED POOMSAE	
Belt and Rank	Semi-Final	Final (with 30 second interval between the 2 Poomsae)
Yellow and Orange (7 th and 8 th Geup) All Ages	Taegeuk 2 Jang	Taegeuk 1 Jang
Green and Purple (5 th and 6 th Geup) All Ages	Taegeuk 3 Jang	Taeguek 4 Jang
Light Blue and Dark Blue (3 rd and 4 th Geup) All Ages	Taeguek 5 Jang	Taeguek 4 Jang
Brown and Red (1 st and 2 nd Geup) All Ages	Taeguek 7 Jang	Taeguek 6 Jang

PAIR EVENT: COLORED BELT			
LEVEL DESIGNATED POOMSAE			
Age	Semi-Final Final (with 30 second interval between the 2 Poomsae)		
Under 17	Taegeuk 4 Jang	Taegeuk 6 Jang	
18 and up	Taeguek 5 Jang	Taeguek 8 Jang	

TEAM EVENT: COLORED BELT			
LEVEL	DESIGNATED POOMSAE		
Age	Semi-Final (with 30 second interval between the 2 Poomsae)		
Under 17	Taegeuk 4 Jang	Taegeuk 6 Jang	
18 and up	Taeguek 5 Jang	Taeguek 8 Jang	

INDIVIDUAL POOMSAE EVENT: BLACK BELT		
LEVEL	DESIGNATED POOMSAE	
Age	Semi-Final	Final (with 30 second interval between the 2 Poomsae)
Cadet: 12 – 14 years old	Keumgang	Koryo
Junior: 15 – 17 years old	Taegeuk 8	Keumgang
Senior: 18 – 30 years old	Koryo	Taebaek
Under 40 years old	Taegeuk 6	Taebaek
Under 50 years old	Keumgang	Koryo
Under 60 years old	Koryo	Shipjin
Under 65 years old	Keumgang	Chunkwon
Over 65 years old	Chunkwon	Hansoo

PAIR EVENT: BLACK BELT		
LEVEL	DESIGNATED POOMSAE	
Age	Semi-Final	Final (with 30 second interval between the 2 Poomsae)
12 – 14 Cadet	Taegeuk 7	Koryo
15 – 17 Junior	Taegeuk 7	Taegeuk 6
18 – 30 Senior	Koryo	Koryo
31 Yrs Old and Up	Pyungwon	Shipjin

TEAM EVENT: BLACK BELT		
LEVEL	DESIGNATED POOMSAE	
Age	Semi-Final Final (with 30 second interval between the 2 Po	
12 – 14 Cadet	Taegeuk 5 Jang	Taegeuk 8 Jang
15 – 17 Junior	Taegeuk 8	Koryo
18 – 30 Senior	Taegeuk 8	Taebaek
31 Yrs Old and Up	Shipjin	keumgang

OPEN AND PARA EVENTS		
BELT	PARA TRAD	OPEN
White (9th Geup)	Special Forms	Basic 1 or Form 1
Yellow - Orange (7th and 8th Geup) All Ages	Taegeuk 1 or 2	Palgwe 1 or 2 or Any Form
Green - Purple Belt (5th and 6th Geup) All Ages	Taegeuk 3 or 4	Palgwe 3 or 2 or Any Form
Blue - Dark Blue Belt (3rd and 4th Geup) All Ages	Taeguek 5 or 6	Palgwe 1 or 2 or Any Form
Brown - Red Belt (1st and 2nd Geup) All Ages	Taeguek 7 or 8	Palgwe 1 or 2 or Any Form

BOARD BREAKING EVENT

AGE GROUP	DIVISION	WHITE - YELLOW - ORANGE - GREEN - PURPLE	LIGHT BLUE - DARK BLUE - BROWN - RED	DEPUTY - BLACK BELTS
UNDER 5 MALE & FEMALE	TODDLER			B - 3 Freestyle Board Sequence
6-7 MALE & FEMALE	DRAGON	B - 1	B - 2	1
8-9 MALE & FEMALE	TIGER	1. Hammer Fist 2. Front Kick 3. Round-house Kick 4. Axe Kick	 Jump Front Kick Jump Spin Round - House Kick Back Kick Spinning Hook Kick 	
10 - 11 MALE & FEMALE	YOUTH	Board Sequence	Board Sequence	B - 4
12 - 14 MALE & FEMALE	CADET			Board Sequence Speed Breaking 4 Spinning Hook Kicks 4 Jump Spin Round Hous
15 - 17 MALE & FEMALE	JUNIOR	4	4	Kick Board Sequence
18 - 32 MALE & FEMALE	SENIOR			1 2 3 4
33 - UP MALE & FEMALE	ULTRA			4
ALL COMF		KPA / BOARD BREAKI e grouped based on be	NG SCORING RULES It level, age and perform	ance category.
Boards are	e included in t	he registration		
	• • •	5 5	will only allow 1/4 inch D 2 inch will be used for ag	
Scores will	depend on tl	ne level of performance		-
A perfect s	core is achiev	ved if the boards are bro	oken on the first attempt.	
 A perfect s GOLD: No 		ved if the boards are bro		? or more mist

SPARRING EVENT

OLYMPIC SPARRING PAIRING INFORMATION						
AGE GROUP	DIVISION	BEGINNER	BASIC	INTERMEDIATE	ADVANCED	EXPERT
Under 5 MALE & FEMALE	TODDLER	WHITE - YELLOW	ORANGE - GREEN	PURPLE - LT. BLUE	DARK BLUE - RED	BLACK BELTS
6- 7 MALE & FEMALE	DRAGON	WHITE - YELLOW	ORANGE - GREEN	PURPLE - LT. BLUE	DARK BLUE - RED	BLACK BELTS
8 - 9 MALE & FEMALE	TIGER	WHITE - YELLOW	ORANGE - GREEN	PURPLE - LT. BLUE	DARK BLUE - RED	BLACK BELTS
10 - 11 MALE & FEMALE	YOUTH	WHITE - YELLOW	ORANGE - GREEN	PURPLE - LT. BLUE	DARK BLUE - RED	BLACK BELTS
12 - 14 MALE & FEMALE	CADET	WHITE - YELLOW	ORANGE - GREEN	PURPLE - LT. BLUE	DARK BLUE - RED	BLACK BELTS
15 - 17 MALE & FEMALE	JUNIOR	WHITE - YELLOW	ORANGE - GREEN	PURPLE - LT. BLUE	DARK BLUE - RED	BLACK BELTS
18 - 32 MALE & FEMALE	SENIOR	WHITE - YELLOW	ORANGE - GREEN	PURPLE - LT. BLUE	DARK BLUE - RED	BLACK BELTS
33- UP MALE & FEMALE	ULTRA	WHITE - YELLOW	ORANGE - GREEN	PURPLE - LT. BLUE	DARK BLUE - RED	BLACK BELTS

SPARRING RULES

 ALL Sparring competitors must wear WTF-approved Taekwondo Uniforms, Sparring Protective Equipments (Head Gear, Chest Guard, Arm Guards, Fist Gloves, Shin & In-step guard, Groin cap and Mouthpiece)

- Sparring Match consists of 2 rounds, each will last up to 1 minute. Time may vary in every division.

 Competitors who will not be wearing complete protective gear will be defaulted but will be given 60 seconds grace period to complete the required safety gear.

SPARRING CATEGORY

Class A - Full Contact Sparring

- Class B Amateur Sparring - No head contact
- Black Belt ONLY (12 & Above)
 Junior Safety Rules / USAT Safety Rules
- Body Kicks ONLY
- Light Head Contact ONLY
- ALL ages for Color Belts & Black Belts

SCORING / WARNING & PENALTY

SCORING:

- 1. Punch to the body 1 point
- 2. Basic Kick to the body 2 points
- 3. Spinning Kick to the body 4 points
- 4. Light Kick to the head (for Class A) 3 points
- 5. Spinning Light Kick to the head (for Class A) 5 points

GAMJEUNG: All penalty points will be added to the opponent (1 point each deduction)

- 1. Holding
- 2. Falling down
- 3. Out of bounds
- 4. Intentionally kicking below the belt
- 5. Attacking a fallen opponent after the referee has given the command to break or stop
- 6. Severely injuring the opponent's face or neck with a fist attack
- 7. Severely injuring the opponent by unauthorized or malicious attack
- 8. Unsportsmanlike conduct

ety Rules - Body - ALL ad

COMPETITION UNIFORM

Traditional Poomsae and Sparring Class

- Standard white dobok.
- Competition dobok approved by the sponsoring school master



Sports Poomsae Class Cadet (ages 8 – 14)

- WT approved uniform
- Male Cadet: white top with red and black collar, blue pants
- Female Cadet: white top with red and black collar, red pants

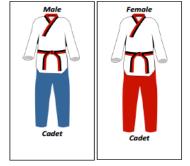


• Age appropriate individual WT approved uniform



Belt

- Athletes in Colored Belt categories MUST wear their appropriate corresponding colored belts for his/ her designated poomsae being performed. For athletes from a country with a different belt system, athletes may wear the belt color nearest their Geup.
- Pair and Team members can each wear their own level belts.





2023 FOITC | FLORIDA OPEN International Taekwondo Championships

Event Date: April 22, 2023 / Time: 9:00 am - 5:00 pm / Registration Period: Feb 28, 2023 - April 20, 2023 Tournament Venue: Basketball Gymnasium 2600 SW 42nd St, Ocala, FL 34471 Head Quarter (2201 SW 19th Avenue Rd, Ocala, FL 34471) / Tel: 352-804-4120

COMPETITION REGISTRATION FORM FIRST NAME: LAST NAME: EMAIL: MOBILE: **GENDER:** AGE: **BELT RANK:**

ADDRESS

(STREET/CITY/STATE/ZIP):

MARTIAL ARTS SCHOOL INFORMATION	
SCHOOL NAME:	MASTER / COACH NAME:
SCHOOL EMAIL:	SCHOOL MOBILE:
	•

SCHOOL ADDRESS

(STREET/CITY/STATE/ZIP):

TOUDNI	EXTENICO.
TOURNA	K.V.K.N.I.S.

Individual Traditional(Colored Belt Division)	Individual Trad Pair (Color / Black Belt)
Individual Traditional (Black Belt Division)	Individual Trad Team (Color / Black Belt)
Sport Poomsae (Black Belt, 12 y/o + Only)	Sport Poomsae Pair (Black Belt Only)
Individual Board Breaking B1 / B2 / B3 / B4	Sport Poomsae Team (Black Belt Only)
Sparring Black Belt: Sparring A or B	Sparring Colored: Sparring A or B
Para Poomsae Taeguk / ITF / Palgwe Form	Open Poomsae ITF or Palgwe Form

TOURNAMENT FEES

1st Event \$90 | Additional Event \$20

ALL PAYMENTS ARE FINAL AND NON-REFUNDABLE. SCHOOL ADMINISTRATORS ARE RESPONSIBLE TO ISSUE ONLY ONE CHECK FOR ALL PARTICIPANTS & MADE PAYABLE TO ONG'S TKD LLC.

LIABILITY WAIVER AND CONSENT FOR MEDICAL TREATMENT

I hereby submit this registration and liability form to participate in the 16TH FLORIDA OPEN TAEKWONDO CHAMPIONSHIPS. I certify that the above information is true and correct and hereby release discharge and waive any and all responsibility of the Trinity High School, Tournament Committee, Referees, Instructors, and other competitors from liability for any injury, including death, and for damage to or loss of property which may be suffered by myself arising out of, or in any way resulting from or attributable in whole or in part to my traveling to, training for, being coached in, using any sports equipment in, or participating in the 16TH FLORIDA OPEN TAEKWONDO CHAMPIONSHIPS. As a competitor or parent/legal guardian of the competitor, I give consent to any x-ray exam, medical, chiropractic, dental or other treatment(s) deemed necessary for the safety and welfare of the contestant. I understand this authorization is given prior to any diagnosis, treatments or hospital care being required but is given to provide the medical/chiropractic/dental staff authority to render care as deemed advisable. In the case of minors, it is understood that efforts shall be made to contact the undersigned prior to rendering treatment, but treatment will not be withheld if the undersigned cannot be reached. Lunderstand that in case of injury, only basic first aid will be made available on site, and that I am fully responsible for any and all resulting medical or other expenses.

Competitor	Parent/Guardian
Signature:	Signature: