

TRADITIONAL EVENT - PARA EVENT - SPORT POOMSAE

2022 FLORIDA OPEN INTERNATIONAL ONLINE TAEKWONDO CHAMPIONSHIPS

June 11 - 12, 2022.



BREAKING - WEAPONS - POOMSAE - SPEED KICKING - VIRTUAL SPARRING

ONLINE REGISTRATION PLEASE GO TO INTHETMS.COM FOR INQUIRY CALL US : 352.804.4120 OR
EMAIL US: ONGSTKD@GMAIL.COM AND MESSAGE US AT FACEBOOK: @ONGSTAEKWONDOOCALA

Dear Masters/Coaches,

For the past 15 years, Ong's Taekwondo has annually organized the Florida Open International Taekwondo Championships. Since COVID pandemic hit in 2020, it truly has been challenging times for all of us.

Ong's Taekwondo and the organizing committee of the 2022 Florida Open International Taekwondo Championships would like to invite you to this year's ONLINE event which will be held on June 11-12, 2022. Our goal is to motivate our athletes to stay active and continue to practice the martial art, taekwondo, in spite of the trials everyone has experienced since the past years. We hope to unite all practitioners from all over the world to celebrate our beloved martial art that has provided us inspiration to remain healthy physically and mentally amidst the challenges surrounding us. May this be a constant reminder that we can not let any obstacle hinder us from achieving our dreams in our taekwondo career.

Best regards,

Master Angelito Ong
Tournament Director



ONG'S TAEKWONDO

Tel: 352-804-4120 Email: ongstkd@gmail.com

REGISTRATION INFORMATION

Registration Website: inhetms.com

Video Tutorials are available for teams/athletes that are not registered yet in the system

Registration Period and Tournament Fee:

- **May 31, 2022 -11:59 pm (EST): Registration Deadline**
 - \$65/ athlete
 - \$20 for each additional event and athlete
 - Delivery Fee Domestic: \$5 for each medal.
 - Delivery Fee International: \$7 for each medal.

* The system will calculate total fees based on the number of events entered and the date of registration

Video Submission Deadline: **May 31, 2022 -11:59 pm (EST)**

Notes: Teams/ Athletes may register first according to the registration options stated above, and submit video entries on or before May 31, 2022.

TOURNAMENT INFORMATION

Registration fees are nonrefundable and will be used to cover international level judges, e-certificates, medals, and e-tournament operations

- **Traditional Poomsae Class:** For all belts and ages who do world Taekwondo poomsae
- **Sports Poomsae Class:** For more experienced competitors of all ages
Colored belts and black belts who do world Taekwondo poomsae.
- **Para Poomsae Class:** For athletes with special needs of all belts and ages
To build tournament experience and gain confidence
Available only for individual event.
- **Open Poomsae Class:** For athletes of all belts and ages who do old Taekwondo forms/ ITF forms. Available only for individual event.

Breaking, Weapons, Speed Kicking and Virtual Sparring Events: please refer to the other tournament packet for rules and details of the competition.

Traditional and Sports Poomsae Classes will hold Three events

- | | | |
|----------------|--------------|----------------|
| • Individual | • Pairs | • Team |
| Single Athlete | Two Athletes | Three Athletes |

Traditional Poomsae Class:

- Open to all ages and belt level: Individual, Pairs and Team
- No gender restrictions in forming pairs or teams
- No age restrictions in forming of the pairs and teams
- All belt combinations are allowed in forming of the pairs and teams
- Pairs consists of only 2 members
- Teams can consist of 3 members
- Individual: must perform designated poomsae for your belt level
- Pairs/Team: Must perform designated poomsae based on level (Novice, Advanced, Black belt)

Sports Poomsae Class:

- Open to all ages, colored belts and black belts: Individual, Pairs and Team
- Pair has to be a female and male athlete of the same age group
- Team will compose of only 3 members of the same gender, age group
- Must perform designated poomsae per round (Semi-Final, Final)

Scoring:

Traditional Class: Scoring will be in the following order of importance:

- Individual: Presentation, Accuracy, TKD spirit
- Pair: Presentation, Accuracy, TKD Spirit, Synchronization, Teamwork
- Team: Presentation, Accuracy, TKD Spirit, Synchronization, Teamwork

Sports Poomsae Class: Will follow WT standards and rules

General Information:

- Each competitor may register up to 7 events
- Individual Division will be separated into male and female competitors.
- If there are not enough registrants within one grouping (age, level, etc.), that group will be combined with another appropriate group closest to the level/age group.
- Correct AGE is calculated as follows: the year of the tournament, 2022 minus your birth year no matter which month you were born, i.e. 2022 – 1972 = 50

- Due to COVID-19 situation, masks can be worn when the competitor sees a need to wear them in any of the events: Individual, Pair, or Team
- Depending on the number of entries, they may be classified and grouped into a maximum of 4 players per group. They will be judged by selected International referees and be live streamed on YouTube platform. *ALL PARTICIPANTS IN THE TRADITIONAL POOMSAE, OPEN AND PARA POOMSAE EVENTS WILL BE AWARDED WITH A MEDAL!*
- Due to various belt systems used worldwide, coaches/ athletes are expected to register in accordance to the respective poomsae prepared.
- If deemed necessary, the organizer reserves the right to change or modify tournament provisions not stated in the guidelines.

TRADITIONAL CLASS POOMSAE INFORMATION

AGE DIVISIONS			
Under 5	Dragon 6 – 7	Tiger 8 – 9	Youth 10 – 11
Cadet 12 – 14	Junior 15 – 17	Senior 18 – 30	Under 40
Under 50	Under 60	Under 61 – 65	Over 66

INDIVIDUAL EVENT

BELT	POOMSAE
White (9 th Geup)	H-Form, Basic One, Special Forms
Yellow Belt (7 th and 8 th Geup) All Ages	Taeguek 1 or 2 Jang
Green Belt (5 th and 6 th Geup) All Ages	Taeguek 3 or 4 Jang
Blue Belt (3 rd and 4 th Geup) All Ages	Taeguek 5 or 6 Jang
Red Belt (1 st and 2 nd Geup) All Ages	Taeguek 7 or 8 Jang
1 st Degree Black	Koryo
2 nd Degree Black	Keumgang
3 rd Degree Black	Taebaek
4 th Degree Black and Up	Pyungwon/ Shipjin/ Jitae/ Chunkwon

PAIRS EVENT:

All levels will have no age and gender restriction.

Matches will be according to level and poomsae performed.

Choose one form from any of the designated poomsae based on your level.

LEVEL	DESIGNATED POOMSAE
Novice	Taegeuk 1, 2, 3, OR 4 Jang (may wear any colored belt)
Advanced	Taegeuk 5, 6, 7, OR 8 Jang (may wear any colored belt)
Black Belt	Koryo, Keumgang, Taebaek, Pyungwon, Shipjin, Jitae, OR Chunkwon

TEAM EVENT:

All levels will have no age and gender restriction.

Matches will be according to level and poomsae performed.

Choose one form from any of the designated poomsae based on your level.

LEVEL	DESIGNATED POOMSAE
Novice	Taegeuk 1, 2, 3, OR 4 Jang (may wear any colored belt)
Advanced	Taegeuk 5, 6, 7, OR 8 Jang (may wear any colored belt)
Black Belt	Koryo, Keumgang, Taebaek, Pyungwon, Shipjin, Jitae, OR Chunkwon

SPORTS CLASS POOMSAE INFORMATION

Competitors have to submit 3 separate videos

AGE DIVISIONS			
Under 5	Dragon 6 – 7	Tiger 8 – 9	Youth 10 – 11
Cadet 12 – 14	Junior 15 – 17	Senior 18 – 30	Under 40
Under 50	Under 60	Under 65	Over 66
SPORT POOMSAE - INDIVIDUAL EVENT: COLORED BELT			
LEVEL		DESIGNATED POOMSAE	
Belt and Rank	Semi-Final	Final <small>(with 30 second interval between the 2 Poomsae)</small>	
Yellow and Orange (7 th and 8 th Geup) All Ages	Taegeuk 1 Jang	Taegeuk 2 AND 1 Jang	
Green and Purple (5 th and 6 th Geup) All Ages	Taegeuk 4 Jang	Taegeuk 4 AND 3 Jang	
Light Blue and Dark Blue (3 rd and 4 th Geup) All Ages	Taeguek 3 Jang	Taeguek 5 AND 4 Jang	
Brown and Red (1 st and 2 nd Geup) All Ages	Taeguek 6 Jang	Taeguek 6 AND 5 Jang	

PAIR EVENT: COLORED BELT		
LEVEL		DESIGNATED POOMSAE
Age	Semi-Final	Final <small>(with 30 second interval between the 2 Poomsae)</small>
Under 17	Taegeuk 6 Jang	Taegeuk 8 AND 4 Jang
18 and up	Taeguek 4 Jang	Taeguek 5 AND 8 Jang

TEAM EVENT: COLORED BELT

LEVEL			DESIGNATED POOMSAE		
Age	Semi-Final	Final (with 30 second interval between the 2 Poomsae)			
Under 17	Taegeuk 8 Jang	Taegeuk 5 AND 4 Jang			
18 and up	Taeguek 8 Jang	Taeguek 7 AND 6 Jang			

INDIVIDUAL EVENT: BLACK BELT

LEVEL			DESIGNATED POOMSAE		
Age	Semi-Final	Final (with 30 second interval between the 2 Poomsae)			
6 – 7 years old	Taegeuk 5	Taegeuk 6 AND 4 Jang			
Tiger: 8 – 9 years old	Taegeuk 7	Taegeuk 5 AND 7 Jang			
Youth: 10 – 11 years old	Taegeuk 8	Koryo AND Taegeuk 7			
Cadet: 12 – 14 years old	Koryo	Taegeuk 7 AND Keumgang			
Junior: 15 – 17 years old	Taegeuk 6	Taegeuk 8 AND Koryo			
Senior: 18 – 30 years old	Keumgang	Taebaek AND Koryo			
Under 40 years old	Taegeuk 7	Keumgang AND Koryo			
Under 50 years old	Keumgang	Taegeuk 8 AND Taebaek			
Under 60 years old	Koryo	Koryo AND Shipjin			
Under 65 years old	Koryo	Keumgang AND Sipjin			
Over 65 years old	Taebaek	Shipjin AND Koryo			

PAIR EVENT: BLACK BELT

LEVEL			DESIGNATED POOMSAE		
Age	Semi-Final	Final (with 30 second interval between the 2 Poomsae)			
12 – 14 Cadet	Taegeuk 8	Taegeuk 6 AND Koryo			
15 – 17 Junior	Taegeuk 6	Taegeuk 7 AND Taegeuk 5			
18 – 30 Senior	Koryo	Kuemgang AND Koryo			
31 Yrs Old and Up	Kuemgang	Koryo AND Shipjin			

TEAM EVENT: BLACK BELT

LEVEL			DESIGNATED POOMSAE		
Age	Semi-Final	Final (with 30 second interval between the 2 Poomsae)			
12 – 14 Cadet	Taegeuk 6 Jang	Taegeuk 8 AND Taegeuk 7 Jang			
15 – 17 Junior	Taegeuk 5	Taegeuk 6 AND Koryo			
18 – 30 Senior	Taegeuk 7	Taebaek AND Koryo			
31 Yrs Old and Up	Koryo	Taebaek AND Sipjin			

COMPETITION UNIFORM

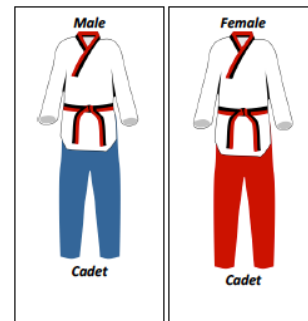
Traditional Poomsae Class

- Standard white dobok OR
- Competition dobok approved by the sponsoring school master



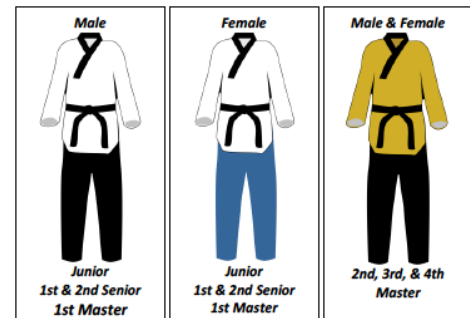
Sports Poomsae Class Cadet (ages 8 – 14)

- WT approved uniform
- Male Cadet: white top with red and black collar, blue pants
- Female Cadet: white top with red and black collar, red pants



Sports Poomsae Class (ages 15 & up)

- Age appropriate individual WT approved uniform



CREATING A SCHOOL / CLUB ACCOUNT

Belt

- Athletes in Colored Belt categories MUST wear their appropriate corresponding colored belts for his/ her designated poomsae being performed. For athletes from a country with a different belt system, athletes may wear the belt color nearest their Geup.
- Pair and Team members can each wear their own level belts

ONGS TKO
EVENT MANAGEMENT

FACE CAM

COURT 2

2021 ONE TAEKWONDO POOMSAE CHAMPIONSHIPS INT'L

Court 2 # 1868

RESULTS

FEMALE - Youth (10-11)

Rank	Athlete Name (Age)	Club	Score
1	Trisha Lobbona (10)	BRAVEHEARTS MARTIAL ARTS	6.900
2	NURUL BAL FAIRULA (11)	COURAGE MARTIAL ARTS TAEKWONDO	6.000
3	Aya Bevin Botange (11)	BRAVEHEARTS MARTIAL ARTS	5.967
4	Vivienne Shaffne (10)	AHN'S TAEKWONDO - SKILLMAN	5.567

TOURNAMENT HOST
VSTP World Martial Sport

ONE TAEKWONDO CHAMPIONSHIPS POOMSAE INTERNATIONAL

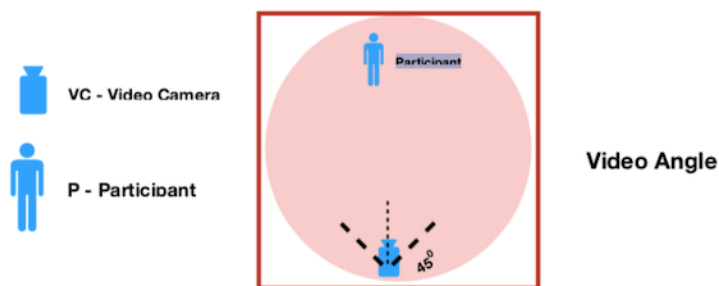
During the tournament live streaming, the athlete's name with images of the school/club name, logo, national flag, video entry, scores, and award are reflected. By creating a school/club account, team representative can log in at any time and be able to view and manage their participants' data. Once a school/club has created an account, this will serve as the school/club's account in every competition managed by inthetms.com. Athletes' information is saved and can be updated any time.

Procedure:

1. Email your school/club name, email address, complete mailing address, and logo to ongstkd@gmail.com or send the complete information via text to +1 (352) 438 9455 or +1 (352) 804 4120. For schools/clubs with multiple locations but with one logo, please register each school/club separately and indicate their respective addresses.
2. You will receive your User ID and password for your school/club within 48 hours. After which, you can log in and manage your team participants.

VIDEO GUIDELINES

1. The Poomsae performance can be video recorded anywhere where there is space allowed for the performance of the Poomsae. Please ensure you follow the instructions of your local and national health authorities regarding social distancing and outdoor excursions.
2. Athlete must be 100% full body inside the screen of the recording for the entire Poomsae performance. 0.3 points will be deducted from accuracy for every movement performed with any part of the athlete's body out of the video frame.
3. Music is not allowed.
4. The video recording shall be done while the athlete is facing the camera in the start position. The camera must be stationary but may be rotated no more than 45 degrees left and right from its starting point as indicated in the diagram below. Zooming in and out during the performance is not allowed.



5. Videos that have been used in any other competitions will be disqualified.
6. Poor quality videos that are unable to be judged by the referees will result in the minimum score of 1.5 per Poomsae. Minimum video quality should be 720p @ 60fps. Suggested video quality is 1080p @ 60fps where possible. Video must be in LANDSCAPE orientation.
7. Performance should start with the correct Taekwondo etiquette before each performance. This will reflect in the final scoring as an element within Taekwondo Spirit criteria.
 - Procedure at the start of performance: Charyot, Kyungrae, Choonbee, Shijak
 - Procedure at the end of performance: Baro, Charyot, Kyungrae
 - Masters may help with announcing the actions for the students
8. Traditional Poomsae competitors shall record 1 video for each event between 30 – 90 seconds. Sports Poomsae competitors will make 3 separate videos for each event: one preliminary video, one semi-final video, and one continuous video with two designated Poomsae for the finals with approximately 30 seconds separating the two performances. Both performances for the finals should start and end with the correct Taekwondo etiquette.
9. Title of video entries should follow this format:
2022 FOITC – Athlete's Name – Poomsae – Gender and Division
example: Individual 2022 FOITC – Jane Doe – Taegeuk 8 – Female Cadet
Sports Pair 2022 FOITC – John and Jane Doe – Preliminary – M/F 18 and up

10. Videos must be uploaded on YouTube and saved as unlisted or PUBLIC setting. Paste the video YouTube link in the designated box of the event management page of inthetms.com.
11. A video with wrong player/s or registered in the wrong division will be disqualified.
12. Please check the embedded box from your youtube account on each video link.

AWARDS

1 st Place	1 st Place E-certificate and Medal
2 nd Place	2 nd Place E-certificate and Medal
3 rd Place	3 rd Place E-certificate and Medal
4 th Place	4 th Place E-certificate and Medal

SAMPLE MEDAL DESIGN COMING SOON

The E-certificates will be available at your inthetms.com account as soon as the results are final. Medals will be sent to each **Taekwondo school address by regular shipment at no extra cost. Additional fee will be required if you want the medal shipment to be expedited with trace and tracking number.**

LIABILITY WAIVER

Ong's Taekwondo shall waive all liability in the broadest sense of the word with regard to the participation of athletes and by participating, the athlete shall indemnify Ong's Taekwondo and all other officials and athletes from any claims of injuries, losses or otherwise arising in the course of participation at the 2022 Florida Open Online International or any activities linked therewith. Furthermore, the athlete or his/her representative is giving permission for the competitor's name and video to be aired on YouTube or published on social media accounts. It is the responsibility of each registered athlete to ensure and guarantee that sufficient insurance coverage has been arranged for themselves.

FOR INQUIRIES AND CONCERNS

Master Angelito Ong
TOURNAMENT DIRECTOR

 ongstkd@gmail.com