

Dear Masters, Coaches and Athletes,

The World Martial Sports (WMS) will hold the "2021 ONE TAEKWONDO POOMSAE CHAMPIONSHIPS INTERNATIONAL" on June 19<sup>th</sup> and 20<sup>th</sup>, 2021. The event is organized in partnership with the Samahang Taekwondo Ng Pilipinas (STP), to help Taekwondo athletes remain active, healthy and to have fun amidst the global crisis happening due to COVID-19.

Youtube platform will be used to witness the greatness of athletes around the world from the grassroots to the world class level. Although the event is virtual, it will greatly foster friendship, sportsmanship and camaraderie amongst Taekwondo players in a highly competitive but friendly atmosphere.

In this regard, may I invite you to be part of this very first international WMS event. Just like in the other international events, the organizers will do its best to give you another wonderful Taekwondo experience to be remembered.

Yours in the Spirit of Martial Arts,

Danrey Velo

Tournament Director



### REGISTRATION, DATES, SCHEDULES & FEES

### All time is based on Eastern Time (EST)

- April 06-May 15 (Early Registration)
  - US\$50.00 1st event
  - **♣** US\$20.00 for each additional event/participant

Payment must be made not later than 11:59 April 20 (EST)

- May 16 June 05 (Regular Registration)
  - US\$60.00 1st event
  - **♣** US\$25.00 for each additional event/participant

Payment must be made not later than 11:59 May 19 (EST)

- June06 June 11 (Late Registration)
  - **↓** U\$\$70.00 1st event
  - US\$35.00 for each additional event/participant

Payment must be made not later than 11:59 June 05 (EST)

- ❖ June 07/Monday (Online Representative Meeting) 8:00pm
- ❖ June 19/Saturday (Day One Event) 9:00am
- ❖ June 20/Sunday (Day Two Event) 9:00am

Participants may register first according to the deadlines specified above before the submission of videos. Video recordings must be sent no later than <u>June 5th</u>, <u>2021</u>. All non-refundable registration fees will be used to cover International level judges, ecertificates, and all e-tournament operations.

### **REGISTRATION WEBSITE**

#### INTHETMS.COM

Video tutorials are available for teams/athletes that are not yet registered in the system.



### **TOURNAMENT INFORMATION**

### **EVENTS**

### 1. TRADITIONAL POOMSAE CLASS

- Open to all ages and belt levels who do World Taekwondo Poomsae.
- Available in Individual, Pairs and Team
- No gender restrictions in forming pairs or teams
- Pairs consist of 2 members
- Team consist of 3 members
- Must perform the designated poomsae for your belt level and age group
  in the individual event and the designated poomsae for your pair or
  team event.

#### Note:

➤ In one division, participants will be separated into several groups with a maximum of four (4) players in each group. They will be required to do one compulsory poomsae and will be ranked accordingly. The player with the highest score gets the 1st Place medal, 2nd Place medal for the second placer and 3rd and 4th Place medal for the third and fourth placers. It will be judged by selected International Referees and will be streamed on Youtube platform. Except for Pairs and Team events, INDIVIDUAL PARTICIPANTS IN THIS EVENT WILL BE AWARDED WITH MEDAL!



### 2. SPORTS POOMSAE CLASS

- For more experienced competitors for all ages, colored belts and blackbelts who do World Taekwondo Poomsae.
- Available in Individual, Pairs and Team
- Pair has to be a male and a female athlete of the same age group
- Team has to be all male or all female consisting of 3 members only
- Must perform designated poomsae per round.

### Note:

- Preliminary Only categories of over 20 players will have a Preliminary round. Competitors are to take a maximum of 30 seconds break before performing the next poomsae. Top 50% of the competitors will progress to the semi-final round. (Colored belt sports poomsae class will not have a preliminary round)
- Semi-Final Categories of less than or equal to 20 players will go straight to Semi-Final round. Competitors are to take a maximum of 30 seconds break before performing the next poomsae.
- Final Categories of 10 or less will go straight to Finals.
- ONLY THE TOP 4 PARTICIPANTS will be awarded with medals and e-certificates. Regardless of the number of entries per category, all participants are required to submit ALL compulsory videos.

### 3. PARA POOMSAE CLASS

- For athletes with special needs of all belts and ages to build tournament experience and gain confidence.
  - Available only for individual event.



### Note:

➤ Depending on the number of entries, they may be classified and grouped into a maximum of 4 players per group. They will be judged by selected International referees and will be streamed on Youtube platform. ALL PARTICIPANT IN THIS EVENT WILL BE AWARDED WITH MEDAL!

### **GENERAL INFORMATION**

- 1. Each competitor may register up to six (6) events.
- 2. Individual Division will be separated into male and female competitors. In the Traditional Event for pair and team however, there is no restriction on gender.
- 3. Levels in the Individual Traditional & Sports Poomsae Event are classified as follows:
  - Whitebelts for 10<sup>th</sup> and 9<sup>th</sup> geup
  - Grassroots 1 for 8<sup>th</sup> and 7<sup>th</sup> geup
  - Grassroots 2 for 6<sup>th</sup> and 5<sup>th</sup> geup
  - Intermediate for 4<sup>th</sup> and 3<sup>rd</sup> geup
  - Advance for 2<sup>nd</sup> and 1<sup>st</sup> geup
  - Blackbelts for 1st Poom/Dan and above
- 4. Adjustments in age grouping and skill level is applied in the pairs and team event.
- 5. Due to various belt systems used worldwide, please register for the belt level corresponding to the poomsae prepared.
- 6. If there are not enough players within one grouping (age, level, etc.), that group will be combined with another appropriate group closest to the level/age group.
- 7. Correct AGE is calculated as follows: the year of the championship, 2021 minus your birth year no matter which month you were born, i.e. 2021 1971 = 50.
- 8. Due to COVID-19 situation, masks can be worn when the competitor sees a need to wear them.



#### WORLD MARTIAL SPORTS

- 9. Updates and schedule on the timing of events will be given at least three (3) days before the date of the tournament. Other concerns about the participation will be discussed in the representative meeting. You can also contact us at <a href="mailto:ongstkd@gmail.com">ongstkd@gmail.com</a> or <a href="mailto:danreyvelobravehearts@gmail.com">danreyvelobravehearts@gmail.com</a>
- 10. Where necessary, the organizer reserves the right to change or modify some stipulations or other standing provisions not stated in the guidelines as it may deem necessary.

### **SCORING**

**Traditional Class:** Scoring will be in the following order of importance:

• Individual: Presentation, Accuracy, TKD spirit

Pair: Presentation, Accuracy, TKD Spirit, Synchronization, Teamwork

• Team: Presentation, Accuracy, TKD Spirit, Synchronization, Teamwork

**Sports Poomsae Class:** WT Poomsae Competition Rules and Interpretation in force as of May 14, 2019 will be followed. However, if deemed appropriate by the organizing committee, due to the nature of the competition being online, the rules can be amended through the representative meeting.

### **COMPETITION UNIFORM**



**Regular Dobok** – Standard white dobok or the official competition dobok that is approved by the sponsoring school master.

### Sports Poomsae Dobok

**Ages 8 – 14**: WT approved uniform for the Cadet Division: White top with red and black collar, plus blue pants for males; the same top, but with red pants, for females.

### Sports Poomsae Dobok

**15 and up:** Age appropriate individual WT-approved uniform.



### **CREATING A SCHOOL/CLUB ACCOUNT**

School/club owners, instructors, and coaches must first create a school/club account. Students will then be able to easily find their school/club they will represent at the One Taekwondo Poomsae Championships International 2021. The live streaming will post the student's name, the school/club name and logo, national flag, video entry, scores and ranking. By creating a school account, instructors and coaches can login at any time into the system and be able to view and manage their students' accounts.

### **Procedure:**

- Before students can register, all instructors, and coaches must email their school/club name, school/club logo, name of country along with your school/club email address to Master Ong, the general manager of our online tournament at ongstkd@gmail.com or by text at 352-804-4210.
- You will then receive your User ID and Password for your school/club within 48 hours so that you will be able to login to the system and manage your school/club participants.
- For schools/clubs with multiple locations, with one logo, please register for each school/club separately and include their respective addresses.
- Athletes with no affiliation to any school/club will be able to register individually by making an individual account directly on our tournament website at www.inthetms.com and choose "No School" for the school selection.





Sample picture on how the participants' information will be presented and broadcasted LIVE!

### **AWARDS AND MEDALS**

All competitors in the Individual Traditional Poomsae and Para event will be awarded with medals. For Traditional Pair, Traditional Team and Sports Poomsae, (Individual, pair and traditional team event), only the top 4 participants will be awarded with medals. All participants will likewise receive an e-certificate which can be conveniently downloaded in the website inthetms.com. Just log in to your account (go to participant's page if registered as a group) and select the tournament certificate.

Medals will be sent by regular shipment at no extra cost. No tracking or trace number. The package is not insured. Your signature is not required. If you want your shipment to be expedited with trace and tracking number, please email worldmartialsports@gmail.com. This will entail additional cost.

1st Place – 1st Place E-Certificate & Medal 2nd Place –2nd Place E-Certificate & Medal 3rd Place – 3rd Place E-Certificate & Medal 4th Place – 4th Place E-Certificate & Medal







2.75" X 3.5" medal

ONE TAEKWONDO POOMSAE CHAMPIONSHIP INTERNATIONAL 2021

ONE TAEKWONDO POOMSAE CHAMPIONSHIP INTERNATIONAL 2021



### **DIVISIONS AND CATEGORIES**

Individual Recognized Poomsae (Male and female separated)

➤ Little Jin (5 & under)	[2016-1-1 & above]
Dragon (6-7years old)	[2014-1-1 ~ 2015-12-31]
➤ Tiger (8-9 years old)	[2012-1-1 ~ 2013-12-31]
Youth (10-11 years old)	[2010-1-1 ~ 2011-12-31]
Cadet (12-14 years old)	[2007-1-1 ~ 2009-12-31]
Junior (15-17 years old)	[2004-1-1 ~ 2006-12-31]
<ul><li>Under 30 (18-30 years old)</li></ul>	[1991-1-1 ~ 2003-12-31]
Under 40 (31-40 years old)	[1981-1-1 ~ 1990-12-31]
Under 50 (41-50 years old)	[1971-1-1 ~ 1980-12-31]
Under 60 (51-60 years old)	[1961-1-1 ~ 1970-12-31]
Under 65 (61-65 years old)	[1956-1-1 ~ 1960-12-31]
> 66 over	[1955-12-31 & below]



### **POOMSAES TO PERFORM**

TRADITIONAL POOMSAE
(INDIVIDUAL)
MALE & FEMALE

**ALL PARTICIPANT GETS A MEDAL!** 

### COLORED BELT TRADITIONAL INDIVIDUAL

	WHITE BELTS	GRASSROOTS 1	GRASSROOTS 2	INTERMEDIATE	ADVANCE
	10 <sup>th</sup> & 9 <sup>th</sup> Geup	8 <sup>th</sup> & 7 <sup>th</sup> Geup	6 <sup>TH</sup> & 5 <sup>TH</sup> Geup	4th & 3rd Geup	2 <sup>nd</sup> & 1 <sup>st</sup> Geup
LITTLE JIN		Taegeuk	Taegeuk	Taegeuk	Taegeuk
(5 & under)		1 or 2	3 or 4	5 or 6	7 or 8
DRAGON	F	Taegeuk	Taegeuk	Taegeuk	Taegeuk
(6-7yo)	Foundation Form #1, H-	1 or 2	3 or 4	5 or 6	7 or 8
TIGER	Form, Basic	Taegeuk	Taegeuk	Taegeuk	Taegeuk
(8-9yo)	One, Basic	1 or 2	3 or 4	5 or 6	7 or 8
YOUTH	movements, 6	Taegeuk	Taegeuk	Taegeuk	Taegeuk
(10-11yo)	Blocks, or any	1 or 2	3 or 4	5 or 6	7 or 8
CADET	white belt	Taegeuk	Taegeuk	Taegeuk	Taegeuk
(12-14yo)	special forms	1 or 2	3 or 4	5 or 6	7 or 8
JUNIOR	practiced in	Taegeuk	Taegeuk	Taegeuk	Taegeuk
(15-17yo)	your	1 or 2	3 or 4	5 or 6	7 or 8
UNDER 30	respective	Taegeuk	Taegeuk	Taegeuk	Taegeuk
(18-30yo)	studios.	1 or 2	3 or 4	5 or 6	7 or 8
UNDER 40		Taegeuk	Taegeuk	Taegeuk	Taegeuk
(31-40yo)		1 or 2	3 or 4	5 or 6	7 or 8
UNDER 50		Taegeuk	Taegeuk	Taegeuk	Taegeuk
(41-50yo)		1 or 2	3 or 4	5 or 6	7 or 8



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UNDER 60	Taegeuk	Taegeuk	Taegeuk	Taegeuk
(51-60yo)	1 or 2	3 or 4	5 or 6	7 or 8
UNDER 65	Taegeuk	Taegeuk	Taegeuk	Taegeuk
(61-65yo)	1 or 2	3 or 4	5 or 6	7 or 8
66 OVER	Taegeuk	Taegeuk	Taegeuk	Taegeuk
(66 & above)	1 or 2	3 or 4	5 or 6	7 or 8

In some WT MNAs and clubs, the level system is different. For FAIRPLAY, the organizer may ask for proof of current belt rank issued by your MNA or club to identify the athlete's current level.

### **Colored belt Reference Level:**

WHITE BELT – For 10th and 9th Geup

YELLOW BELT, ORANGE BELT – For 8th and 7th Geup

GREEN BELT, PURPLE BELT - For 6<sup>th</sup> and 5<sup>th</sup> Geup

BLUE BELT, RED BELT, BROWN BELT - For 4th and 3rd Geup

BROWN BELT, RED BELT – For 1st and 2nd geup

Belts with stripes or with combined color can be allowed provided there is no full color belt available.



### BLACKBELT TRADITIONAL INDIVIDUAL

	1st DAN	2 <sup>nd</sup> DAN	3 <sup>rd</sup> Dan	4 <sup>th</sup> Dan & Up
LITTLE JIN	Koryo	K a cura ci cua ci	Taebaek	
(5 & under)	KOIYO	Keumgang	radbadk	
DRAGON		K a cura ci cua ci	Tarabarak	
(6-7yo)	Koryo	Keumgang	Taebaek	
TIGER	Vanua	K a cura ci cua ci	Totalogials	
(8-9yo)	Koryo	Keumgang	Taebaek	
YOUTH	Koryo	K a cura ci cua ci	Totalogials	
(10-11yo)	KOIYO	Keumgang	Taebaek	
CADET	Vanua	K a cura ci cua ci	Totalogials	Pyongwon
(12-14yo)	Koryo	Keumgang	Taebaek	or
JUNIOR	Koryo	Kaumaana	Taebaek	Shipjin or
(15-17yo)	1.0170	Keumgang	таераек	
UNDER 30	Koryo	Keumgang	Taebaek	Jitae
(18-30yo)	KOIYO	Reunigang	rdebdek	or
UNDER 40	Koryo	Koumaana	Taebaek	Chungkwon
(31-40yo)	KOIYO	Keumgang	rdebdek	
UNDER 50	Koryo	Keumgang	Taebaek	
(41-50yo)	KOIYO	Reomgang	rdebdek	
UNDER 60	Voryo	Koumaana	Taebaek	
(51-60yo)	Koryo	Keumgang	ruebuek	
UNDER 65		Koumaana	Taebaek	
(61-65yo)	Koryo	Keumgang	ruebuek	
66 OVER	Koryo	Koumaana	Taebaek	
(66 & above)	KOIYO	Keumgang	TUEDUEK	



# TRADITIONAL POOMSAE (PAIR AND TEAM) MALE & FEMALE ON

ONLY THE TOP 4 WILL BE AWARDED WITH MEDAL

	GRASSROOTS 1 & 2  COMBINED  8th , 7th, 6TH & 5TH Geup	ADVANCE COMBINED 4th, 3rd, 2nd & 1st Geup	BLACKBELTS  1st Poom/Dan  and Above
All levels no age and gender restriction. Matches will be according to your level and Poomsae performed	Taegeuk 1, 2, 3 or 4	Taegeuk 5, 6,7 or 8	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae or Chongkwon

In some WT MNAs and clubs, the level system is different. For FAIRPLAY, the organizer may ask for proof of current belt rank issued by your MNA or club to identify the athlete's current level.

#### Colored belt Reference Level:

YELLOW BELT, ORANGE BELT – For 8th and 7th Geup

GREEN BELT, PURPLE BELT - For 6<sup>th</sup> and 5<sup>th</sup> Geup

BLUE BELT, RED BELT, BROWN BELT - For 4th and 3rd Geup

BROWN BELT, RED BELT – For 1st and 2nd geup

Belts with stripes or with combined color can be allowed provided there is no full color belt available.



SPORTS POOMSAE (INDIVIDUAL) MALE & FEMALE

**ONLY THE TOP 4 WILL BE AWARDED WITH MEDAL** 

### COLORED BELT SPORTS POOMSAE INDIVIDUAL

Legend: SFR – Semi-Final Round FR – Final round

egend: SFR – Semi-Final Round FR – Final round								
	GRASS	ROOTS 1	GRASSE	OOTS 2	INTERMEDIATE		ADV	ANCE
	8 <sup>th</sup> & 7	<sup>th</sup> Geup	6 <sup>TH</sup> & 5 <sup>T</sup>	H Geup	4th & 3rd	d Geup	2 <sup>nd</sup> & 1	st Geup
	SFR	FR	SFR	FR	SFR	FR	SFR	FR
TODDLERS 1	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk
(5 & under)	1	2 & 1	3	4 & 3	5	6 & 5	7	8 & 7
TODDLERS 2	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk
(6-7yo)	1	2 & 1	3	4 & 3	5	6 & 5	7	8 & 7
KIDS 1	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk
(8-9yo)	1	2 & 1	3	4 & 3	5	6 & 5	7	8 & 7
KIDS 2	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk
(10-11yo)	1	2 & 1	3	4 & 3	5	6 & 5	7	8 & 7
CADET	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk
(12-14yo)	1	2 & 1	3	4 & 3	5	6 & 5	7	8 & 7
JUNIOR	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk
(15-17yo)	1	2 & 1	3	4 & 3	5	6 & 5	7	8 & 7
UNDER 30	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk
(18-30yo)	1	2 & 1	3	4 & 3	5	6 & 5	7	8 & 7
UNDER 40	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk
(31-40yo)	1	2 & 1	3	4 & 3	5	6 & 5	7	8 & 7
UNDER 50	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk
(41-50yo)	1	2 & 1	3	4 & 3	5	6 & 5	7	8 & 7
UNDER 60	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk
(51-60yo)	1	2 & 1	3	4 & 3	5	6 & 5	7	8 & 7
UNDER 65	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk	Taegeuk
(61-65yo)	1	2 & 1	3	4 & 3	5	6 & 5	7	8 & 7
66 OVER								
(66 &	Taegeuk 1	Taegeuk 2 & 1	Taegeuk 3	Taegeuk 4 & 3	Taegeuk 5	Taegeuk 6 & 5	Taegeuk 7	Taegeuk 8 & 7
above)		2 W I		7 4 5			,	0 0 7
	•		•	•	•	•	•	



### BLACKBELT SPORTS POOMSAE INDIVIDUAL

AGE	PRELIMINARY	SEMI-FINAL	FINAL	
LITTLE JIN	Top open to F	Toro ero ele 4	Tara arault / 9 Kanya	
(5 & under)	Taegeuk 5	Taegeuk 4	Taegeuk 6 & Koryo	
DRAGON	Tanagauk F	Tanagauk	Tangouk 9 9 Tangouk 7	
(6-7yo)	Taegeuk 5	Taegeuk 6	Taegeuk 8 & Taegeuk 7	
TIGER	Tanagauk 2	Tanagauk 9	Konyo & Tagagouk 7	
(8-9yo)	Taegeuk 3	Taegeuk 8	Koryo & Taegeuk 7	
YOUTH	Tanagauk 2	Tanagauk (	Vonvo 9 Tagagouk 9	
(10-11yo)	Taegeuk 3	Taegeuk 6	Koryo & Taegeuk 8	
CADET	Taegeuk 4	Taegeuk 7	Koryo & Keumgang	
(12-14yo)	Tuegeuk 4	rdegeok /		
JUNIOR	Taegeuk 6	Koumaana	Taegeuk 8 & Koryo	
(15-17yo)	rdegeok 6	Keumgang		
UNDER 30	Taegeuk 8	Taeguek 7	Keumgang & Taebaek	
(18-30yo)	rdegeok o	rdeguek /	Redifigating & Tuebaek	
UNDER 40	Taegeuk 8	Keumgang	Pyongwon & Taebaek	
(31-40yo)	rdegeok o	Redifigalig	T yorigwort & tuebuek	
UNDER 50		Keumgang	Taebaek & Koryo	
(41-50yo)	Jilde	Rednigarig	TUEDUEK & KUIYU	
UNDER 60	   Jitae	Shipjin	Taebaek & Keumgang	
(51-60yo)	Jiide	or iipjii i	Tuebuek & Keuinguing	
UNDER 65	Pyongwon	Koryo	Keumgang & Shipjin	
(61-65yo)	i yongwon	KOLYO	Keurigurig & shipjiri	
66 OVER	Koryo	Shipjin	Chonkwon & Jitae	
(66 & above)	KOIYO	31 11/2/11 1	Chonkwon & Jiide	



SPORTS POOMSAE (PAIR AND TEAM) MALE & FEMALE

### ONLY THE TOP 4 WILL BE AWARDED WITH MEDAL

## COLORED BELT SPORTS POOMSAE PAIR & TEAM

AGE	SEMI-FINAL ROUND	FINAL ROUND	
CHILDREN	Taegeuk	Taegeuk	
(11 & Under)	4	4 & 6	
CADET	Taegeuk	Taegeuk	
(12 -14yo)	4	6 & 4	
JUNIOR	Taegeuk	Taegeuk	
(15-17yo)	7	6 & 8	
UNDER 30	Taegeuk	Taegeuk	
(18-30yo)	7	8 & 7	
31+ OVER	Taegeuk 7	Taegeuk 7 & 8	

# BLACKBELT SPORTS POOMSAE PAIR & TEAM

AGE	PRELIMINARY ROUND	SEMI-FINAL ROUND	FINAL ROUND	
CHILDREN	Taegeuk	Taegeuk	Taegeuk	
(11 & Under)	3	5	7 & 8	
CADET	Taegeuk	Taegeuk	Keumgang	
(12 -14yo)	4	7	& Taegeuk 8	
JUNIOR	Taegeuk	Taegeuk	16 O.T. 1.6	
(15-17yo)	4	7	Koryo & Taegeuk 6	
UNDER 30	Taegeuk		V 0.T 1	
(18-30yo)	8	Keumgang	Koryo & Taebaek	
31+ OVER	Taegeuk 8	Keumgang	Koryo & Pyongwon	



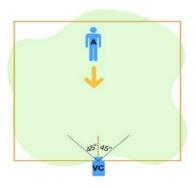
# PARA POOMSAE INDIVIDUAL EVENT (MALE & FEMALE)

Athletes will have a free choice of poomsae. Details on the rules will be done based on the number of entries and will be further discussed during the representative meeting.

### **RULES FOR VIDEO RECORDING**

- The Poomsae performance can be video recorded preferably indoors
   (House, Taekwondo gym, Arena etc.) If there is a challenge in recording
   indoors, record in a place where there is a convenient space good enough
   for the performance of the poomsae. Please ensure you follow the
   instructions of your local and national health authorities regarding social
   distancing and outdoor excursions.
- 2. The athlete must be 100% full body inside the screen of the recording for the entire poomsae performance.
- 3. Videos that have been used in any other competitions will NOT be accepted for consideration.
- 4. The video recording device must be on a horizontal position, about 6-meter distance and 115-120cm above the ground to cover the whole body of the athlete.
- 5. The video recording shall be done while the athlete is facing the camera in the start position. The camera must be stationary but may be rotated no more than 45 degrees left and right from its starting point as indicated in Diagram 1. Zooming in and out during performance is not allowed.







- 6. If video recording is taken outside, do not position the camera against direct sunlight.
- 7. Video recording submissions should be of sufficient quality to enable referees to judge all movements. Suggested video quality should be 1080p @ 60fps.

  Minimum video quality should be 720p @ 60fps.
- 8. Each poomsae must be finished between 40-90 seconds. For 2 poomsaes in 1 video, the rest time will be 30 seconds maximum.
- 9. Upload video entry/ies on YouTube. Make sure that each video is saved as **Unlisted** or **Public**, and the **Allow Embedding** in the video options has been checked. Paste the video's YouTube link in the designated box of the event management page of inthetms.com. You may update your registration and change this link at any time before the closure date.

### 10. Number of videos per event:

	Individual	Pair	Team	
Traditional Poomsae	1 video	1 video	1 video	
Sports Poomsae Colored Belt	1 video for Semi-final 1 video (2 poomsaes) for	1 video for Semi-final 1 video (2 poomsaes) for	1 video for Semi-final 1 video (2 poomsaes) for	
	Final	Final	Final	
Sports Poomsae Blackbelt	1 video for Preliminary 1 video for Semi-finals 1 video (2 poomsaes) for Finals			
Para Poomsae	1 video	Х	Х	



### Video Title examples:

### Tournament Title Initials-Name-Gender-Division-Category-Poomsae

OTPC-Ioness Panganiban-M-Colored-Tiger-Taegeuk 7
OTPC-Trisha Lobbonan-F-Black-Youth-Taegeuk 3

### **DISQUALIFICATION CRITERIA**

- 1. Edited videos
- 2. If judging cannot be made due to low video quality.
- 3. If noises (yelling, cheering, exclamations) hinder the evaluation.
- 4. If there is music or props that negatively affect the evaluation of the judges.
- 5. If the video was used in other competition.
- 6. Submission of wrong videos or registered in the wrong division.
- 7. Fake identity or wrong player.
- 8. High level performance player playing in the grassroots division.
- 9. Wrong uniform
- 10. Insults, inappropriate images or hand gestures.
- 11. Wearing shoes or socks.

### LIABILITY WAIVER

World Martial Sport (WMS) shall waive all liability in the broadest sense of the word with regard to the participation of athletes and by participating, the athlete shall indemnify WMS and all other officials and athletes from any claims of injuries, losses or otherwise arising in the course of participation at the 2021 One Taekwondo Poomsae Championships International or any activities linked therewith. It is the responsibility of each registered athlete to ensure and guarantee that sufficient insurance coverage has been arranged for themselves.



### **REFEREES**

- 1. The International referees are appointed by the organizing committee.

  They will be assigned to a certain division all throughout the competition.
- 2. Three (3) to Five (5) referees will be assigned in one court and they shall serve full-time.

### **INQUIRY**

1. Master Danrey Velo - Tournament Director Email: <a href="mailto:danreyvelobravehearts@gmail.com">danreyvelobravehearts@gmail.com</a>

WhatsApp: +639989537537

2. Master Angelito Ong – Tournament General Manager

Email: ongstkd@gmail.com Mobile Number: 352-804-4120



### ONE TKD POOMSAE CHAMP

WhatsApp group

